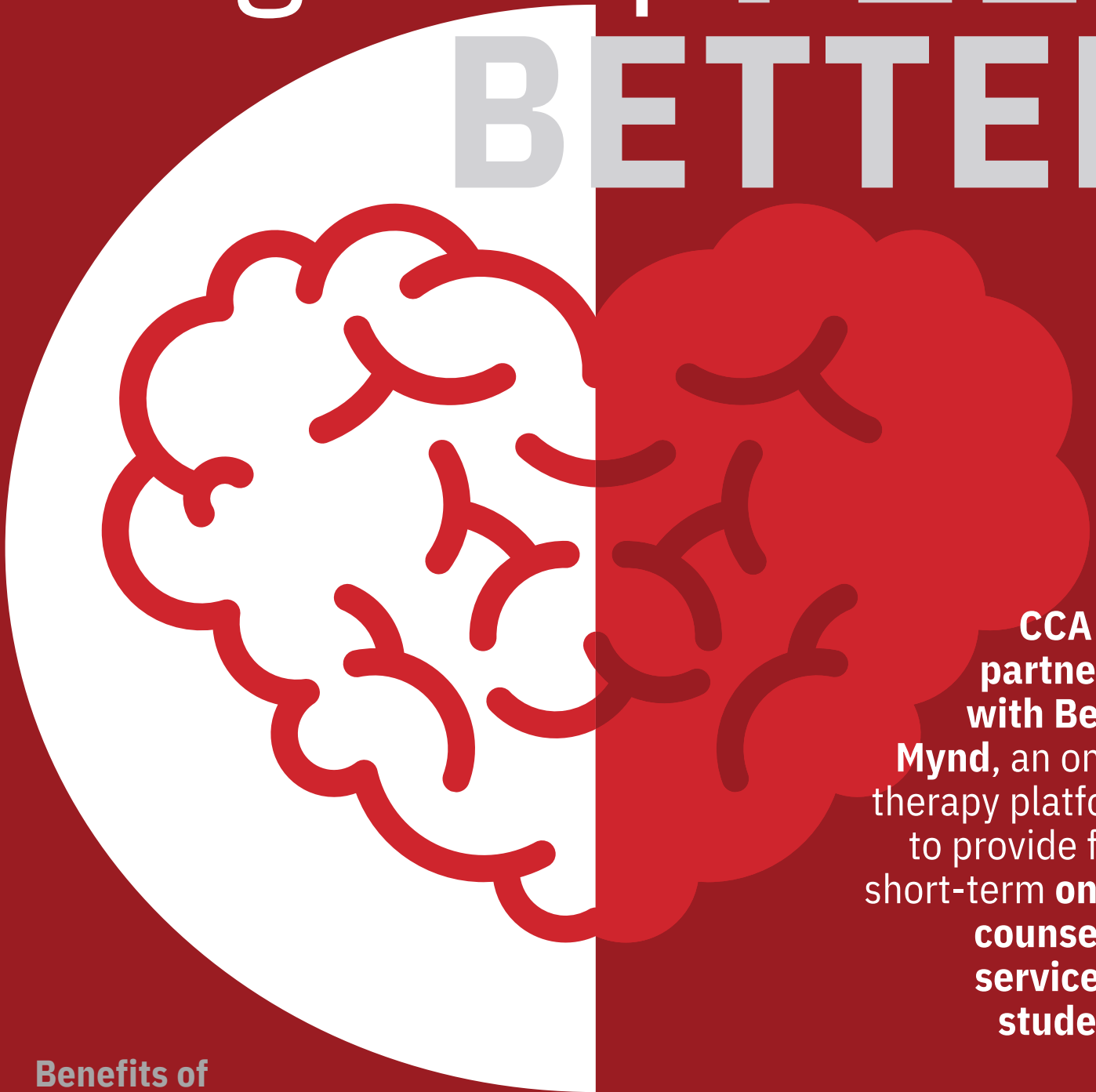


get help **FEEL
BETTER**



**CCA has
partnered
with Better
Mynd, an online
therapy platform,
to provide free,
short-term **online
counseling
services to
students.****

Benefits of Better Mynd:

- Private, confidential services by licensed counselors of various identities
- Day, night, and weekend appointments
- Services provided in English, Spanish & Portuguese
- Access services through a laptop or smartphone
- Free self-help resources & live group workshops

Scan to create an
account & start services

