



United Way

VOICES
RESOURCE
DIRECTORY
Of
Local and National Agencies

Published by
Family Service Society, Inc.
827 Joe Clifton Drive
Paducah, KY 42001-3745

Updated – February 10, 2006

INDEX

• AGING SERVICES	1
• ASSISTED LIVING FACILITIES	6
• SENIOR CITIZEN GROUPS	7
• COUNSELING	8
• CLOTHING	11
• CONSUMER ISSUES	14
• DAY CARE – ADULT	17
• DAY CARE – CHILDREN	19
• DENTAL	21
• DOMESTIC VIOLENCE & SUPPORT GROUPS	22
• DRUG & ALCOHOL ABUSE – PREVENTION & SUPPORT GROUPS	24
• EDUCATION & SCHOOL RESOURCE CTR.	27
• EMERGENCY SERVICES	34
• EMPLOYMENT	38
• SENIOR EMPLOYMENT	39
• FOOD & NUTRITION	40
• FURNITURE	45
• HOT LINES – LOCAL	47
• HOUSING/SHELTERS	50
• LEGAL	56
• LEGAL SERVICES	59
• MEDICAL	60
• MENTAL HEALTH/MR/DD	68
• MENTAL HEALTH SERVICE AGENCIES	70
• PSYCHOLOGISTS	70
• PSYCHIATRISTS	71
• NURSING HOMES	72
• RECREATION	74
• RESPITE	76
• SUPPORT GROUPS-LOCAL	78
• TRANSPORTATION	85

• VETERANS AFFAIRS	87
• YOUTH/CHILDREN SERVICES	88
• NATIONAL HOT LINES	93

AGING SERVICES

CABINET FOR FAMILIES AND CHILDREN

Dept. for Community Based Services Protection and Permanency

Address: 206 North 8th Street

Mailing Address: P.O. Box 1040 Paducah, KY 42002-1040

Phone# (270) 575-7105 **Fax#** (270) 575-7015

Hours: 8:00 am – 4:30 pm **Days:** Monday – Friday

Area Served: McCracken County

Service Information: Provides investigations and services to victims of adult abuse and neglect. Adult protection / State Agency

Eligibility Requirements: Referral must meet legal criteria abuse or neglect of adults.

Bus Line: yes **Handicap Accessibility:** yes

LIFELINE- WESTERN BAPTIST HOSPITAL

Address: 2501 Kentucky Avenue, Paducah, KY 42001

Phone# (270) 575-2779

Hours: 8:00 am – 4:30 pm **Days:** Monday –Friday

Service Information: A personal emergency program. A portable help button and electronic equipment in your home connects you immediately with the control center at the hospital which contacts people who have agreed to respond to your call. Provides reassurance to the elderly or disabled persons who live alone.

Fees: Small installation and monthly charge

Bus Line: Yes **Handicap Accessibility:** Yes

LOURDES CENTER FOR AGING

Address: 2855 Jackson Street, Paducah, KY 42001

Phone# (270) 444-2377, 1800-870-7460

Hours: 8:00 am -4:30 pm **Days:** Monday –Friday

Eligibility: Age 55 or older

Areas Served: Western Kentucky and Southern IL

Service Information: Evaluation of elderly, coping skills for elderly and families Diagnostic services and lab tests

LOURDES SENIOR ASSOCIATION

Address: 2855 Jackson Street, Paducah, KY 42001

Phone#: 1-800-870-7460

Hours: 8:00 am-4:30 pm **Days:** Monday – Friday

Eligibility: Senior only

Area Served: Western KY and Southern IL.

Service Information: Periodic lifestyle seminars, health screenings, and personal health. Dairy and cafeteria meals discount for seniors and older.

PADUCAH – MCCRACKEN COUNTY SENIOR CITIZEN INC.

Address: 1400 H.C. Mathis Drive, Paducah, KY 42001

Phone# (270) 443-8579 **Fax#:** (270) 443-8609

E-Mail: seniorcenter@ci.paducah.ky.us

Hours: 8:00 am – 4:00 pm **Days:** Monday – Friday

Service Information: Nutrition program: Congregate and home delivered meals, transportation to medical appointments, grocery, bank, etc. Supportive services: Telephone reassurance, friendly visiting. Senior Buddies – companion program, Information and referrals, Education classes, recreation, health promotion activities, minor home repair (E- Homes), RSVP

If you are 60+ years of age – you can contact the PATS office at 270-444-8700 and tell them you need a SENIOR Ride for a monetary donation – transportation is available to medical appointments, grocery store and bank.

PURCHASE AREA DEVELOPMENT DISTRICT.

Address: 1002 Medical Drive, Mayfield, KY

Mailing Address: P.O. Box 588, Mayfield, KY 42066-0588

Phone# (270) 247-7171 or 1-877-352-5183

Area Served: Ballard, Calloway, Carlisle, Fulton, Graves, Hickman, Marshall and McCracken

Service Information: Plans, coordinates, and develops programs for seniors aged 60 or older. Provides assessment and case management for in-home services to seniors including referral for homemaker, personal care, respite, escort, and home delivered meals.

Bus Line: No **Handicap Accessibility:** Yes

RETIRED AND SENIOR VOLUNTEER PROGRAM

Address: 1400 H.C. Mathis Drive, Paducah, KY 42001

Phone: (270) 442-8993 **Fax#:** (270) 443-8609

E-Mail: rsvp@ci.pad.ky.us

Hours 8:00 am – 4:00 pm **Days:** Monday – Friday

Eligibility: Senior Citizens 55 years and older

Area Served: Paducah – McCracken County

Service Information: Program focused on providing volunteer opportunities
TRAID, America Reads

Bus Line: Yes **Handicap Accessibility:** Yes

WELLINGTON PARC.

Address: 4747 Alben Barkley Dr, Paducah, KY 42001

Phone# (270) 534-0620

Alzheimer Unit

WEST KENTUCKY ALLIED SERVICES

Address: 1524 Park Avenue Paducah, KY 42001

Phone# (270) 444-7380

Service Information: Non profit agency providing social services to low income persons in the Purchase Area. Provides heating assistance, weatherization, resource referrals and limited rent assistance.

List of Other Counties:

Ballard County	(270) 335-5201	Hickman County	(270) 653-4494
Calloway County	(270) 753-0908	Marshall County	(270) 5279766
Carlisle County	(270) 628-3941		
Fulton County	(270) 236-3797		
Graves County	(270) 247-4046		

ACCESS TO JUSTICE FOUNDATION –

FREE – legal advice from experienced attorneys – 1-800-200-3633

(a non-profit, senior group of public service attorneys and staff to advise/assist elders with insurance, wills, living wills, senior abuse/exploitation , and the Medicare Part D prescription drug program.)

ALSO SEE

Nursing Homes
Assisting Living
Retirement Apt.
Respite Care
Day Care – Adults
Veterans
Medical
Senior Employment
Home Health
Transportation

ASSISTED LIVING FACILITIES

CULPEPPER PLACE – PADUCAH

Address: 2121 New Holt Road, Paducah, KY 42003

Phone# (270) 554-6911

DUNBAR- MADDING – COX ASSISTED LIVING

Address: 2505 Lone Oak Road, Paducah, KY 42001

Phone# (270) 554-2754

JACKSON OAKS RETIREMENT COMMUNITY

Address: 2500 Marshall Ave. Paducah, KY 42003

Phone# (270) 554-8122

MORNINGSIDE OF PADUCAH

Address: 1700 Elmdale Road, Paducah, KY 42003

Phone: (270) 534-9173

NEW HAVEN ASSISTED LIVING

Address: 1002 North 32nd Street, Paducah, KY 42001

Phone# (270) 443-2332

THE PARAGON OF WEST PARK

Address: 4960 Village Square Drive, Paducah, KY 42003

Phone# (270) 442-3999

SENIOR CITIZEN, GROUPS

ELDERBLOOM

Phone# (270) 442-3545

Service Information: Meets 1st and 3rd Wednesday of every month at 10:30 am

First Presbyterian Church,
200 North 7th Street

JOLLY GREENS

Phone# (270) 442-0616

Service Information: Meets 2nd Thursday of every month at 10:00 am

East Baptist Church,
2985 Old Husband Road

PADUCAH-MCCRACKEN COUNTY SENIOR CITIZENS PROGRAM

Address: 1400H.C.Mathis Dr.

Phone# (270) 443-8579

Service Information: Offers varied programs.

YOUNG AT HEART

Phone# (270) 554-4634

Service Information: Meets 3rd Thursday of every month at 10:30 am

Twelfth Oaks Baptist Church
2110 New Holt Rd.

COUNSELING

CHILD WATCH- PADUCAH – MCCRACKEN COUNTY

Address: 1118 Jefferson Street, Paducah, KY

Mailing Address: P.O. Box 1262, Paducah, KY 42002-1262

Phone# (270) 443-1440 **Toll #** 1-866-4431440

Hours: 24 hours a day, 7days per week

Area Served: Paducah, McCracken County

Service Information: 24 hour crisis Line, Court appointed special advocate, Child abuse / Abduction prevention education programs, Children Medical clinic, Community awareness programs, Counseling / Therapy Programs, Forensic Interviewing, Kids in court program and Multidisciplinary team

Eligibility Requirement: Referred by schools, family service, court, Must be under 18 years old

CHRISTIAN COUNSELING CENTER

Address: 2820 Jefferson Street, Paducah, KY

Mailing Address: P.O. Box 8211, Paducah, KY 42002-8211

Phone: (270) 442-5738 **Fax#:** (270) 442-3172

Hours: 8:00 am – 5:00 pm **Days:** Monday – Friday

Area Served: NW Tenn., Purchase Area, S. IL, MO. Bootheel

Service Information: Broad base counseling service to community and available for seminars.

Eligibility Requirement: Counseling services –discount fees

EMOTIONAL WELLNESS CENTER- LOURDES HOSPITAL

Address: 1530 Lone Oak Road, Paducah, KY 42003

Phone# (270) 444-2250 **Fax#** (270) 444-2481

Hours: 24 hours a day **Days:** 7 days a week

Area Served: In-patient referrals from all counties and states

Service Information: Adult unit for all general psychiatric services – group, Individual and family counseling

Bus Line: yes **Handicap Accessibility:** yes

FOUR RIVERS BEHAVIORAL HEALTH

Address: 425 Broadway, Paducah, KY 42001

Phone# (270) 442-7121 **Crisis Line:** 1-800-592-3980

Fax# (270) 443-9692

Hours: 8:00 am – 5:00 pm **Days:** Monday – Friday; Tuesday 8:00 am-8:00 pm

Bus line: YES **Handicapped Accessibility:** YES

Area Served: Purchase Area and Livingston County

Service Information: Comprehensive mental health, Mental retardation / development disabilities, Substance abuse service, outpatient, Partial hospitalization, Emergency and consultation, Education service, Provide individual, group, family

Eligibility Requirements: Emergency cases are seen on an immediate basis, non-emergency services are scheduled for appointment within 48 hours.

Documentation Needed for Visit: Verification of income, number of dependents, Insurance accepted.

Fee: Insurance Accepted – Discount fee schedule based on income and verification of income and number of dependents.

HOPE UNLIMITED PREGNANCY CARE CENTER, INC.

Address: 2330 Cairo Road, Paducah, KY

Mailing Address: P.O. Box 7403, Paducah, KY 42002-7403

Phone# (270) 442-1166 **Fax#** (270) 442-1166

Hours: 10:00 am – 4:00 pm **Days;** Monday – Friday, Thursday 10:00 am – 8:00 pm

Area Served: Kentucky, Illinois, Missouri

Service Information: Free Pregnancy tests, clothing, furniture, food, etc. for young girls. Teen support group, information about adoption and abortion procedures, parenting classes, self – esteem classes and Bible studies are offered by appointment.

PURCHASE AREA SEXUAL ASSAULT CENTER

Mailing Address: P.O. Box 8506, Paducah, KY 42002-8506

Phone# (270) 534-4422 or 1-800-928-7273 (crisis line 24hr. per day)

Fax: (270) 534-4409

Hours: 8:00 am – 5:00 pm **Days:** Monday – Friday

Area Served: McCracken, Ballard, Calloway, Carlisle, Fulton, Graves, Hickman, Livingston, Marshall

Service Information: 24- hour crisis line and medical advocacy, Crisis intervention and Long –term therapy, Child Therapy, Court advocacy and community education program.

Eligibility: Adult and children victims of sexual assault/ abuse and their families

CLOTHING

FAMILY SERVICE SOCIETY INC.

Address: 827 Joe Clifton Drive, Paducah, KY 42001

Phone# (270) 443-4838 **Fax#** (270) 443-3988

Hours: 9:00 am- 3:30 pm **Days:** Monday – Friday

CLOSED FROM: 12:00-1:00

Area Served: Paducah, McCracken County

Service Information: Free clothing to residents of Paducah-McCracken County once every 30 days on Tuesday & Thursday.

Times 9:00 am – 11:30 am and 1:00 pm – 2:30 pm

Documentation Needed: ID and Social Security card

Bus Line: yes **Handicap Accessibility:** yes

GOODWILL STORE

Address: 2560 Lone Oak Road Paducah, KY 42001

Phone# (270) 554-298

Hours/Days: 9:00 am – 6:00 pm Monday - Saturday
1:00 pm – 6:00 pm Sunday

Service Information: Sell good clothing at a reasonable, price.

Bus Line: yes **Handicap Accessibility:** yes

HOPE UNLIMITED PREGNANCY CARE CENTER INC.

Address: 2330 Cairo Road

Mailing Address: P.O. Box 7403, Paducah, KY 42002-7403

Phone# (270) 442-1166 **Fax#** (270) 442-1166

Hours: 10:00 am –4:00 pm **Days:** Tuesday – Friday

Area Served: Kentucky, Illinois, Missouri

Service Information: Clothing, Furniture, for young girls

Eligibility: Anyone needing the listed services.

Bus Line no **Handicap Accessibility:** yes

LONE OAK FIRST BAPTIST CHURCH

Address: 360 Lone Oak Road, Paducah, KY

Phone# (270) 554-1441

Service Information: Food & Clothing. Call for more information as to days and times.

ST. VINCENT de PAUL SOCIETY AND BUDGET STORE

Address: 2025 Cairo Road, Paducah, KY

Phone# (270) 442-9351

Hours: 10:00 am – 3:00 pm **Days:** Tuesday – Saturday

Service Information: Clothing, Furniture, household items for sale.

Bus Line: yes **Handicap Accessibility:** yes

THE SALVATION ARMY

Address: 1128 Broadway

Mailing Address: P.O. Box 569, Paducah, KY 42002-0569

Phone# (270) 443-8231 **Fax#** (270) 443-8232

Hours: 9:00 am – 3:45 pm **Days:** Monday – Friday

Area Served: McCracken, Marshall, and Livingston

E-Mail: thesalvationarmypaducah@yahoo.com

Service Information: Food, Clothing, Furniture at a low price and Utility bills

Documentation Needed: Social Security cards for everyone in house hold, proof of income and expenses.

Bus Line: yes **Handicap Accessibility:** yes

CONSUMER ISSUES

BETTER BUSINESS BUREAU, INC.

Address: 844 South 4th Street Louisville, KY 40203

Phone# 1-800-388-2222 **Fax#** (270) 589-9940

Hours: 8:00 am - 4:30 pm **Days:** Monday – Friday

Area Served: Louisville, Western Kentucky, Southern Illinois

E-Mail: business@ky-in.bbb.org

Service Information: Charitable solicitation reports, Business/ consumer complaint handling, Consumer education

CLEARPOINT FINANCIAL SOLUTIONS

Address: 546 Lone Oak Road, Paducah, KY

Phone# (270) 443-7917 **Fax#** (270)443-9411

Service Information: Free budgeting and debt management, restructuring, downsizing, creditor negotiation. Budgeting education, HUD approved housing.

DEPARTMENT FOR WORKER'S CLAIMS DIVISION OF OMBUDSMAN AND WORKERS COMP. SPECIALIST SERVICES

Address: 220 B North 8th Street Paducah, KY 42001

Phone# (270)575-7048 & 1-800-554-8603

Fax: (270) 575-7025

Hour: 7:30 am – 4:30 pm **Days:** Monday –Friday

Area Served: Kentucky (and anyone who has worked in Kentucky in the past)

Service Information: Work with people who are injured on the job. Any and all questions will be addressed, giving information services. Making referrals if necessary.

KENTUCKIANS VOICE FOR CRIME VICTIMS

Address: 207 Molloy Court Paducah, KY 42003

Phone# (270) 898-8279 Leave a Message

Area Served: McCracken and surrounding counties

Service Information: Provide victims or survivors information on current laws or proposed changes in the law that affects victims of crimes. Provide referral, court watch program, Sentencing reforms.

MCCRACKEN COUNTY EXTENSION SERVICE

Address: 2705 Olivet Church Road Paducah, KY 42001

Phone# (270) 554-9520 **Fax#** (270) 554-8283

Hours: 8:00 am-4:30 pm **Days:** Monday – Friday

Area Served: McCracken County

Service Information: 4-H, Homemakers, Farmers and other educational programs

PADUCAH AREA CHAMBER OF COMMERCE

Address: 417 South 4th Street

Mailing Address: P.O. Box 810, Paducah, KY 42002-0810

Phone# (270) 443-1746 **Fax#** (270) 442-9152

Area Served: Purchase Area

E-Mail: chamber@paducah.net

Service Information: A membership organization of diverse economic interest unified to provide service to its members, and leadership in promoting quality economic development in Paducah, McCracken County and the region.

Small Business Advisory Board consists of 12 different professional areas of concentration. These individuals are available by appointment to assist an individual in a startup business or in an existing one.

PADUCAH HUMAN RIGHTS COMMISSION

Address: 300 South 5th Street, Paducah, KY 42003

Mailing Address: P.O. Box 2267 Paducah, KY 42002-2267

Phone# (270) 444-8643 **Fax#** (270) 443-8680

Hours: 7:30 am – 4:00 pm **Days:** Monday – Friday

Area Served: Paducah McCracken County

Service Information: Investigates discrimination in public facilities, housing, education and employment in area of race, color, ADA, age, religion, sex and national origin.

PADUCAH POLICE DEPARTMENT

Address: 1400 Broadway

Mailing Address: P.O. Box 2267 Paducah, KY 42002-2267

Phone# (270) 444-8550 **Fax#** (270) 444-8663

Hours: 8:00 am – 5:00 pm **Days:** Monday – Friday

Call for Service: 24 hours a day

Area Served: City of Paducah

Service Information: Law Enforcement

SOCIAL SECURITY ADMINISTRATION

Address: 125 Brett Chase Drive Paducah, KY 42001

Phone: (270) 554-7776

Hours: 9:00 am – 4:00 pm **Days:** Monday – Friday

Area Served: **Paducah office serves:** Ballard, Carlisle, Crittenden, Livingston, Lyon, Marshall, and McCracken. **Mayfield office serves:** Calloway, Fulton, Graves and Hickman Co.

Service Information: Social Numbers, application for benefits, post- entitlement

DAY CARE-ADULT

EASTER SEALS WEST KENTUCKY - DAY FAIR

Address: Immanuel Baptist Church
3465 Buckner Lane

After March 2006 – 2229 Mildred Avenue

Phone (270) 442-2001 **Fax** – (270) 442-4933

Hours: 6:30 am – 5:30 pm **Days:** Monday – Friday

Bus line – YES **Handicap Accessibility** – YES

Areas Served: All of Western Kentucky

Service Information: Supervised day care for senior adults who are frail or moderately handicapped, social issues and acquired brain injuries.

Eligibility Requirements: Senior Citizens and /or disabled adults.
30 Adult capacity

Fee Structure: Medicaid, Private Pay Insurance, fee based on a sliding scale

FOUR RIVERS BEHAVIORAL HEALTH-MR/DD

Address: 425 Broadway, Paducah, KY 42001

Phone: (270) 442-5088 **Fax:** (270) 442-3268

Hours: 8:00 am – 5:00 p.m. **Days:** Monday – Friday

Handicap Accessibility: YES

Areas Served: Ballard, Calloway, Carlisle, Fulton, Graves, Hickman,
Livingston, McCracken and Marshall Counties

Agency Description: Day Habilitation

Eligibility Requirements: Client must have a developmental disability diagnosis – Contact Office for more details.

Fee Structure: Discount fee schedule based on income and verification of income and number of dependents.

PADUCAH ACTIVE DAY CENTER

Address: 2005 Broadway, Paducah, KY 42001

Phone: (270) 442-7604 **FAX:** (270) 442-2082

Website: www.acteday.com

Hours: 7:00 am – 5:00 pm **Days:** Monday - Friday

Bus line: YES **Handicap Accessibility:** YES

Areas served: Western KY and Southern Illinois

Service information: Supervised day care for adults 21 years of age and older, who are frail or moderately handicapped. Social, leisure, physical and educational activities.

Fee Structure: State reimbursement available, Medicare, also hourly and daily rates vary depending on social and health needs

DAY CARE – CHILDREN

EASTER SEALS OF WEST KENTUCKY

Address: 801 North 29th Street, Paducah, KY 42001

Phone: (270) 444-9687

FAX: (270) 444-5590

Hours: 7:30 am – 5:30 pm

Days: Monday – Friday

Bus line: YES

Handicap Accessibility: YES

Area Served: Western Kentucky and Southern Illinois

Eligibility Requirements: By referral of agency, physician or family.

Documentation needed: Depends on services required. Call office for details

Fee Structure: Dependent upon ability to pay

MOSS, C.J. DAY CARE CENTER

Address: 2425 South 25th Street, Paducah, KY 42001

Phone: (270) 442-2802

FAX: (270) 442-7003

442-6259

Hours: 6:00 am – 11:30 pm

Days: Monday - Saturday

Eligibility: Call for eligibility – Children must be 0 – 12 years of age

Service Information: Child development and care, parent training,
promote parent/child involvement

Fees: \$13.00 for full day and \$6.50 for half day. Call for exceptions
Accept Audubon Child Care Assistance

PADUCAH DAY NURSERY

Address: 1335 Atkins Avenue, Paducah, KY 42001

Phone: (270) 442-1445 **FAX:** (270) 442-4814

Hours: 6:00 am – 8:00 pm **Days:** Monday – Friday

Bus line: YES **Handicap Accessibility:** YES

Area Served: Western Kentucky and Southern Illinois

Service information: Day care for low income working families enrolled in educational facilities or children identified as “At Risk”

Eligibility Requirements: Children 0 to 12 years of age. Must provide birth certificate and current immunization record. Enrollment packets obtain in the office.

Fee Structure: Fees based on sliding scale (income verification) also accept Audubon Child Care Assistance and IDPH from Illinois

**FOR MORE DAY CARE CENTERS PLEASE CHECK
THE YELLOW PAGES OF YOUR TELEPHONE DIRECTORY**

DENTAL

**DENTAL HYGIENE PROGRAM – CALL 534-3437
FOR FREE TEETH CLEANING**

FAMILY SERVICE SOCIETY, INC

Address: 827 Joe Clifton Drive, Paducah, KY 42001

Phone: (270) 443-4838

FAX: (270) 443-3988

Hours: 9:00 am – 3:30 p.m.

Days: Monday – Friday

CLOSED: 12 to 1 for lunch

Bus line: YES

Handicap Accessibility: YES

Area Served: Paducah-McCracken County ONLY

Service Information: Dental is limited to fillings or extractions
NO oral surgery.

Eligibility Requirements: **MUST** be a resident of Paducah,
McCracken County for at least 6 months

Fee: Assistance is free to those who qualify. Assistance is given
1 time in an 18 month period

KENTUCKY DENTURE ACCESS PROGRAM

Phone: 1-800-292-1855

Service Information: Low income persons can receive reduced denture care and
complete dentures (no partials) at reduced price by licensed dentists.

DOMESTIC VIOLENCE & SUPPORT GROUPS

MERRYMAN DOMESTIC HOUSE CRISIS CENTER

Address: P O Box 98, Paducah, KY 42002-0098

Phone: (270) 443-6001 **FAX:** (270) 443-9146
1-800-585-2686

Hours: phone is answered 24 hours per day – 7days per week.

Eligibility: Any individual (women or men) dealing with domestic violence issue be it physical, mental or emotional abuse.

Counties served: McCracken, Graves, Ballard, Hickman, Fulton, Carlisle, Calloway, Marshall

Service Information: Maintains a safe house for battered or abused women and their children. Offers support services for those not in need of an emergency shelter

PADUCAH-MCCRACKEN COUNTY CHILD WATCH

Mailing address: P O Box 1262, Paducah, KY 42002-1262

Walk-In address: 1108 Jefferson Street, Paducah, KY 42001

Phone (270) 443-1440 **FAX:** (270) 44301486
Hours: 8:30 am – 4:30 pm **Days:** Monday-Friday

Bus line: YES **Handicap Accessibility:** YES
Area Served: Paducah and McCracken County

Service Information: Counseling with abused and neglected children

Eligibility requirements: Must be under 18 year old. Referred by schools, family service, court

Fee: All services are free and confidential

PURCHASE AREA SEXUAL ASSUALT CENTER

Address: P O Box 8506, Paducah, KY 42002-8506

Phone: (270) 534-4422 **FAX:** (270) 534-4409
1-800-928-7273 phone answered 24 hours crisis line

Hours: 8:00 am – 5:00 pm **Days:** Monday – Friday

Area Served: McCracken, Ballard, Calloway, Carlisle, Fulton, Graves,
Hickman, Livingston, Marshall

Service information: 24-hours crisis line, 24-medical advocacy; crisis intervention; long-term therapy; child therapy; court advocacy; counseling and crisis intervention.

Eligibility requirements: Adults and children victim of sexual assault/abuse and their families.

Fee structure: free and confidential

DRUG & ALCOHOL ABUSE & PREVENTION AND SUPPORT GROUPS

FRIEDMAN SUBSTANCE ABUSE CENTER

Address: 1405 South 3rd Street, Paducah, KY 42003

Mailing address: P O Box 688, Paducah, KY 42002-0688

Phone: (270) 442-9131 **FAX:** (270) 442-9132

Areas Served: McCracken, Ballard, Graves, Marshall, Livingston, Hickman, Fulton, Carlisle, Calloway and the rest of Kentucky if bed space is available.

Service Information: Long term transitional care center for **MEN ONLY**

Eligibility Requirements: Must be a male over 17 years of age, have completed a 30 day residential treatment program and have a substance abuse diagnosis.

Fee: \$7.00 per day

FULLER, WILLIAM H – RESIDENTIAL TREATMENT CENTER

Address: 1525 Cuba Road, Mayfield, KY 42066

Phone: (270) 247-2588 **CRISIS LINE:** 1-800-592-3980

Areas Served: Purchase Area – Men and Women

Service Information: Men and women – 30 days-residential treatment facility for substance abuse (alcohol and drugs)

Eligibility Requirements: An assessment must be done prior to admission. These are done at the Four Rivers Behavioral Health Office, 425 Broadway, Paducah, KY or at the Fuller Center. The cost of the assessment is \$40.00.

Referrals are also taken from other agencies, courts, physicians, employer, family, friend, or walk-in.

Fee: Based on income – sliding scale

**ALCOHOLICS ANONYMOUS, NARCOTICS ANONYMOUS,
AL-ANON, ALA-TEEN & FAMILIES ANONYMOUS**

Paducah/McCracken County Support Groups

			MON	TUE	WED	THU	FRI	SAT	SUN
Paducah Morning Group. Brown Street Club 1397 Irvin Cobb Dr,	Alcoholics Anonymous (270) 443-6668	10:00 am HC	X closed	X closed	X closed	X closed	X closed	X closed	
Paducah Morning Group Brown Street Club 1397 Irvin Cobb Dr	Alcoholic Anonymous (270) 443-6668	9:30 am HC							X open
Brown Baggers Group Brown Street Club 1397 Irvin Cobb Dr	Alcoholics Anonymous (270) 443-6668	12:00 pm HC	X closed	X open	X open	X open	X open	X open	
Night Discussion Group Brown Street Club 1397 Irvin Cobb Dr.	Alcoholics Anonymous (270) 443-6668	8:00 pm HC		X closed					X open
Some are sicker than others (SASTO) Grp Brown Street Grp 1397 Irvin Cobb Dr	Alcoholics Anonymous (270) 443-6668	6:00 pm- HC			Step study X closed		X closed		New-comers X open
PAX Group 535 S 6 th St	Alcoholics Anonymous (270) 443-6668	8:00 pm	X		X		X		
West End Group Brown Street Club 1397 Irvin Cobb Dr.	Alcoholic Anonymous (270) 443-6668	8:00 pm HC	X closed			X open		X open	
Broadway Grp St.Mathews Lutheran Church 27 th & Broadway	Alcoholics Anonymous (270) 443-6668	7:00 pm No Smoking		X closed		X closed			
Traditions Grp Boiler Rm-Annex 1 1501 Broadway	Alcoholics Anonymous (270) 443-	7:00 pm			X closed				
Wed, Fri., Sat. PM Grp – Brown Street Club 1397 Irvin CobbDr	Alcoholics Anonymous (270) 443-6668	8:00 pm HC			X closed		X closed	X open	

			MON	TUE	WED	THU	FRI	SAT	SUN
The Choice Grp Boiler Rm-Annex 1 1501 Broadway	Alcoholics Anonymous (270) 443-6668	7:00 pm				X closed			
Hilltoppers LO Ch of Christ Lone Oak Rd	Al-Anon * Judy W (270) 224-2955 Kathie H (270) 898-6870	7:00 8:00 pm Non- Smoking	X						
Twelve Steppers Brown St. Club 1397 Irvin Cobb Dr	* See above	8:00 – 9:00 pm		X					
Weekend Solution Brown St. Club 1397 Irvin Cobb Dr	* See above	10:00 – 11:00 am Non- smoking 1 st Sat of month						X	
New Beginnings Brown St. Club 1397 Irvin Cobb Dr	* See above	8:00 – 9:00 pm Non- smoking 1 st Sun. of Month							X

HC- handicapped accessible

Open – Meeting open to all-Everyone welcome

Closed- Meeting open to those in recovery only

Narcotics Anonymous – call (270)441-2363 for places, days and times

AlaTeen – (270)554-4665 Co-dependents Anonymous (270) 527-6526

Support for those who desire to stop drinking. Those who have stopped drinking and for the spouse and children.

EDUCATION & SCHOOL RESOURCE CENTERS

AMERICAN RED CROSS – PADUCAH AREA CHAPTER

Address: 232 North 8th Street, Paducah, KY 42001

Phone: (270) 442-3575

Fax: (270) 442-3576

Hours – 9:00 am – 4:00 pm

Monday – Friday

Area Served: McCracken, Livingston, Ballard, Hickman Counties

E-mail – shenry@paducahredcross.org **Website:** www.paducahredcross.org

Classes offered: Lifeguard, First Aid and CPR. Contact the local chapter as to time and place.

Fees: Call for detail

Bus line: NO

Handicap Accessibility: YES

COOPER-WHITESIDE FAMILY RESOURCE & YOUTH SERVICE CENTER

Address: 1350 South 6th Street, Paducah, KY 42003

Phone: (270)444-5740

Hours: school hours and after school programs

Bus line: YES

Handicap Accessibility: Yes

Eligibility Requirements: Student at Cooper-Whiteside Elementary

Services: Act as a liaison between families and agencies that serve the community. Set up programs for children that require discipline action or are to be rewarded in an incentive program. School supplies and after school programs. **Contact resource center for more information.**

FRIENDS FAMILY RESOURCE & YOUTH SERVICES CENTER

Address: 1250 Husband Road, Paducah, KY 42003

Phone: (270) 575-9201

Hours: normal school hours and after school programs

Eligibility Requirements: student of Farley Elementary

Services: Act as a liaison between families and agencies that serve the community. Set up programs for children that require discipline action or are to be rewarded in an incentive program. School supplies and after school programs. **Contact resource center for more information.**

GREYHOUND FAMILY RESOURCE&YOUTH SERVICE CENTER

Address: 5741 Benton Road, Paducah, KY 42003

Phone: (270) 538-4187

E-mail: tdavis@mccracken.k12.ky.us

Hours: normal school hours and after school programs

Eligibility Requirements: students of Reidland Elementary, middle and high schools

Services: Act as a liaison between families and agencies that serve the community. Set up programs for children that require discipline action or are to be rewarded in an incentive program. School supplies and after school programs. **Contact resource center for more information.**

HEAD START –PRE-SCHOOL – MCCRACKEN

Address: 435 Berger Road, Paducah, KY 42001

Phone: (270) 744-4041 **FAX:** (270) 744-4042

Area served: McCracken County

Service Information: Classes for 3 & 4 year olds (on or before Oct 1), health services, fun and social activities, one meal per day

Eligibility requirements: Live in McCracken county school districts and meet federal income guidelines

HEAD START of PADUCAH

Address: 300 Fountain Avenue, Paducah, KY 42001

Phone: (270) 444-5780

FAX: (270) 444-5781

Area served: City of Paducah

Service information: Classes for 3 & 4 year olds, 4 days per week. Family concept, including health services, services for handicapped. Fun, social activity, two meals, five sites (one at each Paducah elementary schools).

Eligibility requirements: Residents of Paducah, ages 3 and 4 years of age. must meet federal income guidelines. Applications are taken all year.

KIDS Company I FAMILY RESOURCE & YOUTH SERVICE CENTER

Address: 3400 Buckner Lane, Paducah, KY 42001 (inside Clark Elementary)

Phone: (270)444-5730

Hours: Normal school hours plus after school programs

Area served: Students attending Clark and Morgan Elementary Schools

Services: Act as a liaison between families and agencies that serve the community. Set up programs for children that require discipline action or are to be rewarded in an incentive program. School supplies and after school programs. **Contact resource center for more information.**

K.I.D.S. FIRST FAMILY RESOURCE & YOUTH SERVICES CENTER

Address: 4336 Metropolis Lake Road, West Paducah, KY 42086

Phone: (270)538-4070

e-mail: gqualls@mccracken.k12.ky.us

Hours: normal school hours +after school programs

Area served and eligibility requirements: Students of Concord, Health Elementary and Heath Middle School

Services: Act as a liaison between families and agencies that serve the community. Set up programs for children that require discipline action or are to be rewarded in an incentive program. School supplies and after school programs. **Contact resource center for more information.**

KIDS CO. TOO

Address: 2100 Park Avenue, Paducah, KY 42001

Phone: (270) 444-5684

Hours: normal school hours + after school programs

Area served and eligibility requirements: Students attending McNabb
Elementary school

Services: Act as a liaison between families and agencies that serve the community. Set up programs for children that require discipline action or are to be rewarded in an incentive program. School supplies and after school programs. **Contact resource center for more information.**

LONE OAK FAMILY RESOURCE CENTER

Address: 2501 Marshall Avenue, Paducah, KY 42003

Phone: (270) 744-4116 **e-mail:** sreese@mccracken.k12.ky.us

Area served: All Lone Oak Schools

Hours: Normal school hours + after school programs

Services: Act as a liaison between families and agencies that serve the community. Set up programs for children that require discipline action or are to be rewarded in an incentive program. School supplies and after school programs. **Contact resource center for more information.**

MURRAY STATE UNIVERSITY - CRISP Education Campus

Address: 3000 Irvin Cobb Drive, Paducah, KY 42001

Phone: (270) 442-4753

Please contact the MSU for admission policy and classes offered. Financial aid is available to those who qualify.

PADUCAH TECHNICAL COLLEGE

Address: 509 South 30th Street, Paducah, KY 42003

Phone: (279) 444-9676 **FAX:** (270) 44107202

Hours: 8am – 10 pm **Days:** Monday – Friday
Bus line: YES **Handicap accessibility:** YES
Area served: Western KY

Service Information: Associates in applied science degree in Electronic Engineering Technology, Business Administration Technology, Pharmacy Technology, Billing & Coding Specialist. Medical assisting, Criminal Justice, Paralegal. **Call for more details**

Eligibility requirements: High school diploma or GED Certificate

Documentation needed: Drivers License, Social Security card, high school diploma or GED certificate

Fee: Financial aid is available to those who qualify.

TEEN LINK YOUTH SERVICE CENTER

Address: 2400 Adams Street, Paducah, KY 42003

Hours: normal school hours + after school programs

Bus line: YES **Handicap accessibility:** YES

Area served: City of Paducah

Eligibility requirements: Students of Paducah Tilghman High School

Services: Act as a liaison between families and agencies that serve the community. Set up programs for children that require discipline action or are to be rewarded in an incentive program. School supplies and after school programs. **Contact resource center for more information.**

TORNADO STAR FAMILY RESOURCE CENTER & YOUTH SERVICES

Address: 342 Lone Oak Road, Paducah, KY 42001

Phone: (270) 444-5710 E-mail: spaul@paducah.k12.ky.us

Hours: normal school hours + after school programs

Bus line: YES **Handicap accessibility:** YES

Eligibility requirements: Students of Paducah Middle School

Services: Act as a liaison between families and agencies that serve the community. Set up programs for children that require discipline action or are to be rewarded in an incentive program. School supplies and after school programs. **Contact resource center for more information.**

WEST KY COMMUNITY TECHNICAL COLLEGE

Address: 4810 Blandville Road, Paducah, KY 42001

Phone: (270)554-9200

Hours: 7:45am – 4: 15 pm – M-F

General Information: (270) 534-3264

Bus line: YES

Handicap accessibility: YES

Eligibility: High school diploma or GED Certificate. Please contact school for admission policy or for the UK School of Engineering.

Service information: A wide variety of classes offered in the educational and vocational fields for the traditional and the non-traditional student. Please call the school for more details. It is a great experience.

Fee: Financial aid is available to those who qualify. Contact the financial aid office 270-534-3248

EMERGENCY SERVICES

AMERICAN RED CROSS- PADUCAH AREA CHAPTER

Address: 232 North 8th Street Paducah, KY 42001

Phone# (270) 442-3575

Fax# (270) 442-3576

Hours: 9:00 am – 4:00 pm

Days: Monday – Friday

Phone answered 24/7 for emergencies

Area Served: McCracken, Livingston, Ballard, and Hickman Counties

Email: shenry@paducahredcross.org **Website:** www.paducahredcross.org

Service Information: The American Red Cross will provide for the immediate related emergency needs of food, shelter, and clothing. Limited disaster related medical, emotional, and other assistance may additionally be provided. Provides emergency assistance to military members and their families. In times of significant disasters, the American Red Cross provides Disaster Welfare Inquires to help family members determine the well-being of those affected. Lifeguard classes, First Aid, and CPR.

Eligibility Requirements: Red Cross staff will interview the client to assess the most immediate and emergency needs.

Documentation Needed for Visit: Personal ID; confirmation of address; fire report or agency home visit to assess level of damage. Agency may undertake other steps such as contact insurance agent, etc. to avoid duplication of service.

Fee: Services are free

Bus Line: no

Handicap Accessibility: yes

CRISIS AND INFORMATION CENTER

Phone# 1-800-592-3980

Hours: 24hours per day

Service Information: A telephone counseling center and source of information concerning family problems; marital problems; mental health; alcohol and other drugs; delinquent behavior; unwanted pregnancy; retardation; problem of aging; school problems

FAMILY SERVICE SOCIETY INC.

Address: 827 Joe Clifton Drive Paducah, KY 42001

Phone# (270) 442-4838 **Fax#** (270) 443-3988

Hours: 9:00 am -12:00 noon & 1:00 pm – 3:30 pm **Days:** Monday – Friday
Closed: 12:00 – 1:00 pm for lunch

Area Served: Paducah-McCracken County

Service Information: To give immediate emergency assistance to families in crisis with utility bills and emergency transportation.

Eligibility Requirements: Resident of McCracken County for six months

Documentation Needed: Personal ID, SS cards for everyone in household, proof of income for all in household, food stamps, expenses (lights, water, gas, phone, rent, receipts.) and current bill that you need help with.

Bus Line: yes **Handicap Accessibility:** yes

LIFELINE – WESTERN BAPTIST HOSPITAL

Address: 2501 Kentucky Avenue Paducah KY

Phone: (270) 575-2779

Hours: 8:00 am-4:30 pm **Days:** Monday – Friday

Fee: Small installation and monthly charge

Service Information: A Personal emergency response program. A portable help button and electronic equipment in your home connects you immediately with the control center at the hospital which contacts people who have agreed to respond to your call. Provides reassurance to elderly or disabled person who live alone.

PADUCAH COOPERATIVE MINISTRY

Address: 402 Legion Drive Paducah, KY 42003

Phone# (270) 442-6795 **Fax#** (270) 442-6812

Hours: 9:00 am – 12:00 noon & 1:00 pm-4:00 pm **Days:** Monday – Friday

Area Served: Paducah, McCracken County

Service Information: Assist with emergency cost such as utilities, rent

Eligibility Requirement: Low income, needy

Documentation Needed for Visit: Personal ID, SS cards and proof of income

Bus Line: yes **Handicap Accessibility:** yes

PURCHASE AREA SEXUAL ASSUALT CENTER

Address: P.O. Box 8506 Paducah, KY 42002-850

Phone# (270) 442-7273 or 1-800-928-7273

Fax# (270) 534-4422

Hours: 8:00 am – 5:00 pm **Days:** Monday – Friday

Area Served: McCracken, Ballard, Calloway, Carlisle, Fulton, Graves, Hickman, Livingston, Marshall

Service Information: 24-hour crisis line, 24-hour medical advocacy, crisis intervention, long- term therapy, child therapy, court advocacy, community education program.

ST. VINCENT de PAUL SOCIETY AND BUDGET STORE

Address: 2055 Cairo Road Paducah, KY 42001

Phone: (270) 442-9351 **Fax#** (270) 575-1008

Hours: 10:00 am -3:00 pm **Days:** Tuesday – Saturday

Service Information: Help pay bills for those in need, utility, doctor, rent

Bus Line: yes **Handicap Accessibility:** yes

THE SALVATION ARMY

Address: 1128 Broadway

Mailing Address: P.O. Box 569 Paducah, KY 42002-0569

Phone: (270) 443-8231 **Fax:** (270) 443-8232

Hours: 9:00 am – 3:45 pm **Days:** Monday – Friday

Area Served: McCracken, Marshall, Livingston

E-Mail: thesalvationarmypaducah@yahoo.com

Service Information: assistance with utilities, rent

Eligibility Requirements: Low income or emergency situation

Documentation Needed for Visit: Personal ID, SS Cards for everyone in household, proof income and expenses

Bus Line: yes

Handicap Accessibility: yes

WEST KENTUCKY ALLIED SERVICES

Address: 1524 Park Ave. Paducah, KY 42001
(Margaret Hank M.P.C. Church, Basement entrance)

Phone# (270) 444-7380

Service Information: Provides heating assistance and limited rent

List of Other Counties

Ballard County	(270) 335-5201
Calloway County	(270) 753-0908
Carlisle County	(270) 628-3941
Fulton County	(270) 236-3797
Graves County	(270) 247-4046
Marshall County	(270) 527-9766

EMPLOYMENT

DEPARTMENT FOR EMPLOYMENT SERVICES

Address: 418 South 6th Street

Mailing Address: P.O. Box 1267 Paducah, KY 42002-1267

Phone: (270) 575-7000 **Fax#** (270) 572-7008

Hours: 8:00 am – 4:30 pm **Days:** Monday – Friday

Area Served: Ballard, Carlisle, Livingston, McCracken, Marshall

Service Information: Assist employers in finding applicants, file unemployment insurance claims

Eligibility Requirements: Must fill out application and be in computer if looking for work, If filing for unemployment insurance, must have earnings in last five quarters, complete paperwork and meet certain requirements.

DEPARTMENT FOR VOCATIONAL REHABILITATION

Address: 2929 Lone Oak Road Paducah, KY 42003

Phone# (270) 575-7304

Hours: 8:00 am – 4:30 pm **Days:** Monday – Friday

Area Served: Western Kentucky

Service Information: Provide services needed to enable severely disabled individuals to become employed.

SENIOR EMPLOYMENT

Purchase Area Development District

1002 Medical Drive – P O Box 588
Mayfield, KY 42066-0588
(270)247-7171

West Kentucky Allied Services

22 West Water Street
P O Box 736
Mayfield, KY 42066-0736
(270)247-4046

Service information: Job training, skills training, and assistance with job placement. Call agency for job placement in your area.

Eligibility requirements: Must be 55 years of age or older and fall within 125% of poverty guidelines.

FOOD/NUTRITION

BROADWAY UNITED METHODIST CHURCH (Community Kitchen)

Address: 701 Broadway Paducah, KY 42001

Phone# (270) 443-2401 **Fax#** (270) 443-8701

Hours: 12:00 pm – 1:00 pm **Days:** Sundays only

Area Served: McCracken County

Service Information: This Ministry has a weekly meal for anyone who comes; held in the Fellowship Hall on the corner of 8th and Broadway

Bus Line: yes **Handicap Accessibility:** yes

FAMILY SERVICE SOCIETY INC.

Address: 827 Joe Clifton Drive Paducah, KY 42001

Phone# (270) 443-4838 **Fax#** (270) 443-3988

Hours: 9:00 am -12:00 pm & 1:00 pm – 3:30 pm **Days:** Monday – Friday

CLOSED 12 – 1:00 PM

Area Served: Paducah- McCracken County

Service Information: Emergency canned goods 4x a year and Commodities once a month.

Eligibility Requirements: Resident of McCracken County for six months.

Documentation Needed for Visit: Picture ID and SS Card

Bus Line: yes **Handicap Accessibility:** yes

**KENTUCKY DEPARTMENT OF COMMUNITY BASED SERVICES
(FOOD STAMPS)**

Address: 2855 Jackson Street Paducah, KY 42001 (HIPP Bldg)

Phone# (270) 575-7050

Hours: 8:00 am – 4:30 pm **Days:** Monday – Friday

Area Served: McCracken County

Service Information: Food Stamps for family and individuals who qualify. Provides for the economic well being of needy individuals

Documentation Needed for Visit: Current utility bills, income, SS cards, birth certificates

Bus Line: yes **Handicap Accessibility:** yes

LONE OAK FIRST BAPTIST CHURCH

Address: 3601 Lone Oak Road Paducah, KY 42003

Phone# (270) 554-1441

Service Information: Food for the needy. Please call for details.

Bus Line: yes **Handicap Accessibility:** yes

MARTHA'S VINEYARD

Address: 1100 North 12th Street Paducah, KY

Mailing Address: P.O. Box 8307 Paducah, KY 42002-8307

Phone# (270) 575-0021

Hours: 10:30 am – 1:00 pm **Days:** Tuesday and Friday

Service Information: Meals on Site to anyone that needs food. Home delivered meals to the home bound and shut-ins.

Bus Line: yes **Handicap Accessibility:** yes

METHODIST MISSION SOCIETY FAMILY KITCHEN

Address: 1001 South 4th Street Paducah, KY 42003

Phone# (270) 442-8621

Hours: 2:00 pm – 5:00 pm **Days:** Sunday

Area Served: All areas

Service Information: Serves a meal to all who come on Sunday.

PADUCAH COOPERATIVE MINISTRY

Address: 402 Legion Drive, Paducah, KY 42003

Phone: 270-442-6796 **FAX:** 270-442-6812

Hours/Days: 9:00 am -12:00 pm and 1:00 pm to 4:00 pm Monday – Friday

Area served: Paducah/McCracken County

Service Information: A three to four day supply of groceries is provided up to 4 times a year, Per individual or household – more if a genuine need is shown or a referral is made by a member church, or other service organization.

Eligibility requirements: Must be a resident of McCracken County

Documentation Needed for Visit: Picture I.D.; Social Security cards for all household members; Proof of residency (current address on I.D.); must be a resident of McCracken County; Proof of Income (must meet federal income guidelines)

Bus line: YES;

Handicap Accessibility: YES

PADUCAH – MCCRACKEN COUNTY SENIOR CITIZENS, INC.

Address: 1400 H.C. Mathis Drive Paducah, KY 42001

Phone# (270) 443-8579 **Fax#** (270) 443-8609

Hours: 8:00 am -4:00 pm

Days: Monday – Friday

Area Served: Paducah –McCracken County

Service Information: Meals – On – Wheels delivered to senior citizens who are home bound.

SALVATION ARMY

Address: 1125 Broadway

Mailing Address: P.O. Box 569 Paducah, KY 42002-0569

Phone# (270) 443-8231 **Fax#** (270) 443-8232

Hours: 9:00 am – 3:45 pm **Days:** Monday – Friday

Area Served: McCracken, Marshall and Livingston Counties.

E-Mail: thesalvationarmypaducah@yahoo.com

Service Information: Food and commodities every three months.

Eligibility Requirements: Low income or emergency situation.

Documentation Needed for Visit: SS Cards for everyone in house, proof of income and expenses.

Bus Line: Yes

Handicap Accessibility: yes

ST. LUKE – ALDERGATE UNITED METHODIST CHURCH (FAMILY KITCHEN)

Address: 1001 South 4th Street Paducah, KY 42003

Phone# (270) 442-8621

Hours: 3:00 pm – 4:30 pm **Days:** Sunday

Area Served: All are welcome

Service Information: Free meal to all who come.

ST. VINCENT de PAUL

Address: 2025 Cairo Road Paducah, KY 42001

Phone# (270) 442-9351

Hours: 10:00 am-3:00 pm **Days:** Tuesday – Saturday

Service Information: Food and Commodities every 3 months.

Documentation Needed for Visit: ID and SS card

Bus Line: yes **Handicap Accessibility:** yes

FURNITURE

BROADWAY CHURCH OF CHRIST

Address: 2855 Broadway Paducah, KY 42003

Phone# (270) 443-6206

Service Information: To help families with furniture

LONE OAK CHURCH OF CHRIST

Address: 2960 Lone Oak Road Paducah, KY 42001

Phone# (270) 554-2511

Service Information: To help families with furniture

ST. VINCENT de PAUL SOCIETY and BUDGET STORE

Address: 2025 Cairo Road, Paducah, KY 42001

Phone: 270-442-9351 Fax 270-575-1008

Hours 10:00 am – 3:00 pm Tuesday – Saturday

Area served: any county

Service Information: Furniture at a reasonable price

Bus line yes

Handicap accessibility: yes

SHARING OUR SURPLUS

Address: 5115 Kindred Avenue Paducah, KY 42001

Phone# (270) 442-3725)

Hours: Anytime **Days:** Monday - Saturday

Area Served: Paducah and surrounding area

Service Information: Provide furniture, medical items and other needs.

THE SALVATION ARMY

Address: 1128 Broadway

Mailing Address: P.O. Box 569 Paducah, KY 42002-0569

Phone# (270) 443-8231 **Fax#** (270) 443-8232

Hours: 9:00 am – 3:45 pm **Days:** Monday – Friday

Area Served: McCracken, Marshall, Livingston

E-Mail: thesalvationarmypaducah@yahoo.com

Service Information: Furniture at a reasonable price

Bus Line: yes **Handicap Accessibility:** yes

HOT LINES – LOCAL

AMERICAN HEART ASSOCIATION KENTUCKY AFFILIATE

Address: 222 Kentucky Avenue Suite #4 Paducah, KY 42003

Phone# (270) 442-3730

Fax# (270) 442-7403

Hours: 8:00 am – 4:30 pm
Friday

Days: Monday, Tuesday, Thursday,

Area Served: Western Kentucky

Service Information: Public education materials, support group to reduce death and disability due to cardiovascular disabilities and strokes.

CABINET FOR HEALTH SERVICES – OMBUDSMAN SERVICES

Address: Department of Public Advocacy
100 Fair Oaks Lane Suite 302
Frankfort, KY 40601

Phone: 502-564-2967

Service Information: Investigates questions, complaints, and problems regarding services provided through the Cabinet for Health Services. (For example, medical assistance payments, social service complaints, food stamps, mental health and homecare services.)

FOUR RIVERS BEHAVIORAL HEALTH

Address: 425 Broadway Paducah, KY 42001

Phone# 1-800-592-3980 **Crisis Line for Mental & Substance abuse**

KENTUCKIANS PEOPLE WITH AIDS COALITION (KIPWAC)

Address: 1501 Broadway, Annex#2 Paducah, KY 42001

KENTUCKY MEDICAL REVIEW ORGANIZATION

Phone: 1-800-288-1499

Service Information: Provides information regarding premature hospital discharges under Medicare. If an individual or family member thinks a patient is not ready for discharge, they can obtain information on their rights from this organization.

KENTUCKY MEDICARE

Phone: 1-866-419-9456

For information on Medicare Part A

Phone: 1-866-250-5665

For Information on Medicare Part B

LONG-TERM CARE OMBUDSMAN

Address: Purchase Area Ombudsman
Purchase Area Development District
1002 Medical Dr., P O Box 588
Mayfield, KY 42066-0588

Phone: 270-247-7171 or 1-877-352-5183

Service Information: Investigates Complaints on Behalf of Family Members and Residents in Long Term Care Facilities.

RESPIRATORY

ALLERGY & ASTHMA CLINIC OF WEST KENTUCKY

Phone# (270) 753-7451

BETTER BREATHERS CLUB

Address# 1530 Lone Oak Road Paducah, KY 42003
Lourdes Hospital

ALSO SEE NATIONAL HOT LINES

BEGINNING ON PAGE 93

HOUSING/SHELTERS

COBB, IRVIN APARTMENTS

Address: 600 Broadway, Paducah, KY 42001

Phone: (270) 443-4721 **FAX:** (270) 442-5206

Hours 9:00 am - 5:00 pm **Days** Monday-Friday

Bus line: YES **Handicap accessibility:** YES

Service information: Single apartment – elevator – security

Eligibility requirements: Must be 62 and over **OR** handicapped and/or disabled

Documentation needed: Please call for an appointment, must be able to pass a credit check, criminal background check and land lord references.

Fee: Based on income

HIGHLAND TERRACE APARTMENTS

Address: 1110 North Friendship Rd., Paducah, KY 42001

Phone: (270) 554-7843 **Hours:** 12:00 pm – 4:00 pm---Monday-Friday

Bus line: YES **Handicap Accessibility:** YES

Service information: Housing for low income families

Eligibility requirements: low income – federal guidelines

Documentation needed: Social Security numbers, birth certificates on children.

Fee: Based on income

JACKSON HOUSE APARTMENTS

Address: 301 South 9th Street, Paducah, KY 42003

Phone: (270) 442-7591 **Hours:** 9:00 am-5:00 pm – Monday-Friday

Bus line: YES **Handicap accessibility:** YES

Service Information: single apartments

Eligibility requirements: 55 years of age or needing the features of a mobility unit

Documentation needed: Call for an appointment – HUD Guidelines
Require 3rd party proof.

Fee: Sliding scale – based on income and HUD guidelines

MCAULEY VILLAGE/MERCY MANOR/DUBLIN MANOR

Address: 601 McAuley Manor, Paducah, KY 42001

Phone: (270)415-9166 **Hours:** 9:00 am-5:00 pm Monday – Friday

Bus line: YES **Handicap accessibility:** YES

Service information: Subsidized housing - For more information please call.

Fee: Based on income

PADUCAH (CITY OF) SECTION 8 HOUSING

Mailing address: P O Box 2267, Paducah, KY 42002-2267

Walk-in: 500 Clark Street, Paducah, KY 42003

Hours: 8:00 am – 4:30 pm **Days:** Monday – Friday

Area served: Paducah and McCracken County

Eligibility requirements: Low income families – application accepted

PADUCAH COOPERATIVE MINISTRY - SHELTER

Address: 402 Legion Drive, Paducah, KY 42003

Phone: (270) 442-6795 **FAX:** (270) 442-6812

Hours: 9:00 am – 12:00 pm and 1:00 pm – 4:00 pm **Days:** Monday-Friday

Bus line: YES: **Handicap Accessibility:** YES

Area served: Paducah and McCracken County

Eligibility requirements: No charges with the Paducah Housing Authority, Homeless, person must not have been dismissed from the shelter on a previous occasion. A couple must be married and have proof. MUST obey rules and guidelines.

Fee: Free and may stay 30 days, may ask for extension but have to have proof that you are working.

PADUCAH HOUSING AUTHORITY

Address: 2330 Ohio St., Paducah, KY 42003

Phone: (270) 443-3634 **FAX:** (270) 444-0230

Hours: 8:00 am – 4:30 pm **Days:** Monday-Friday

Area served: City of Paducah

Service information: Provide affordable housing for low income families and middle income persons and families including the elderly and disabled.

Eligibility requirements: Written application must be filed for eligibility determination and no criminal record.

Fee: Rent based on income

PADUCAH-MCCRACKEN CO. HABITAT FOR HUMANITY

Mailing address: P O Box 1693, Paducah, KY 42002-1693

Walk-in address: 451 South 16th Street, Paducah, KY 42003

Phone: (270) 443-6150

FAX: (270) 443-2759

Hours: 9:00 am – 4:00 pm

Days: Monday – Friday

Area served: Paducah Metro Area

Service information: Builds new homes for low income families

Eligibility requirements: Income guidelines appropriate to family size

Documentation needed: Fill out application form obtained at office. Please call for more information.

NEW PATHWAYS FOR CHILDREN, INC.

Mailing address: P O Box 10, Melber, KY 42069-0010

Walk-in address: 3233 Shaw Road, Melber, KY 42069

Phone: (270) 674-6061

FAX: (270) 674-6065

Hours: 8:30 am – 4:30 pm

Days: Monday - Friday

Area served: Commonwealth of Kentucky

Service information: Faith based organization – structure and guidance to neglected and behavioral disordered youth.

Eligibility requirements: Children 10 – 18 years of age, who have been referred by the courts, community based services, protection and permanency; private referrals. Application form – please contact New Pathways.

RESIDENTIAL CARE CENTER OF PADUCAH

Address: 2301 Irvin Cobb Drive, Paducah, KY 42003

Phone: (270) 442-6441 **Hours:** 8:00am – 5:00pm **Days:** Monday – Friday

Bus line: YES **Handicap accessibility:** YES

Area served: Western Kentucky and Southern Illinois

Service information: Independent living and personal care available

Eligibility requirements: Must be self ambulatory: be able to get in and out of bed and on and off commode.

Documentation needed: Call for information

Fee: Private pay and Medicaid accepted

RIVER CITY MISSION

Address: 1466 Bechtoldt Rd., Paducah, KY 42003

Mailing address: P O Box 1000, Paducah, KY 42002-1000

Phone: (270) 442-7921 **Hours/Days:** 24 hrs per day, 7 days a week

Area served: Purchase area

Service information: Emergency homeless housing for men and families (husband, wife and children).

Eligibility requirements: All clients MUST furnish picture ID or drivers license

RIVERWOOD GROUP HOME

Address: 421 South 9th Street, Paducah, KY 42003

Phone: (270) 443-6404 **Days/Hours:** 24 hrs per day/7 days a week

Bus line: YES **Handicap accessibility:** YES

Area served: Purchase area with priority to McCracken County

Service information: Eight (8) bed group home for the developmentally disabled.

Fee: Contact the group home for more details

SANDERS, W.B., RETIREMENT CENTER

Mailing address: 301 South 9th Street, Paducah, KY 42003

Walk-in address: 820 Washington Street, Paducah, KY 42003

Phone: (270) 442-7591

Bus line: YES **Handicap accessibility:** YES

SEE JACKSON HOUSE – SAME GUIDELINES

LEGAL

CRIME STOPPERS

Address: 1400 Broadway Paducah, KY 42001

Phone# (270) 444-8553

Service Information: Crimes can be reported with the caller remaining anonymous. Rewards are sometimes offered for information leading to an arrest or conviction.

COURT DESIGNATED WORKER PROGRAM

Address: 621 Washington Street, Paducah, KY 42003

Phone: (270) 575-7068

Hours: 8:30am – 4:00pm – Monday – Thursday
8:30am – 3:00pm – Friday

Bus line: NO

Handicap accessibility: YES

Area served: McCracken County

Eligibility requirements: 12 to 17 years of age

Service information: Court designated workers, pre-court process that manages a three-stage intake process for juveniles who have public, or state charges brought against them.

JUVENILE SERVICES

Address: 301 South 6th Street Paducah, KY 42003

Phone# (270) 575-7068

Hours: 9:00am-3:00pm

Days: Monday – Friday

Area Served: McCracken County

Service Information: Handles all juvenile complaints. Court Designated Workers are assigned by Court Officials to manage a three-stage intake process for juveniles who have public or status offense actions brought against them. Help to prevent juveniles from coming before a formal court.

KENTUCKIANS VOICE FOR CRIME VICTIMS

Address: 207 Molloy Court Paducah, KY 42003

Phone# (270) 898-8279

Area Served: McCracken and surrounding countries.

Eligibility Requirements: Male / female adult victims of crime

Service Information: Provide victims or survivors of crime information on current laws of proposed changes in the law that affects victims of crime.
Provide referral, Court watch program, and sentencing reforms.

MCCRACKEN COUNTY CIRCUIT/ DISTRICT COURT

Address: 301 South 6th Street (McCracken County Court House)

Mailing Address: P.O. Box 1436 Paducah, KY 42002-1436

Phone# (270) 575-7270 **Fax#** (270) 575-7280

Hours: Monday – 8:30 am-5:30 pm & Tuesday- Friday 8:30 am – 4:30 pm

Area Served: McCracken County

Service Information: Small civil claims, Probate, Traffic, Criminal, and
EPO

PADUCAH POLICE DEPARTMENT

Address: 1400 Broadway

Mailing Address: P.O. Box 2267 Paducah, KY 42002-2267

Phone# (270) 444-8550 **Fax#** (270) 444-8663

Hours: Monday - Friday 8:00 am- 5:00 pm **Calls for Service – 24hours, 7days**

Area Served: City of Paducah

Service Information: Law Enforcement

PUBLIC DEFENDER'S OFFICE

Address: 400 Park Avenue, Suite B Paducah, KY 42001

Phone# (270) 575-7285 **Fax#** (270) 575-7055

Hours: 8:00 am - 4:30 pm **Days:** Monday – Friday

Area Served: McCracken and Graves Counties

Service Information: Legal representation in criminal cases. Attorneys are assigned by a judge.

Eligibility Requirements: Appointed through the court

Fee: Client must be indigent

WEST KENTUCKY LEGAL SERVICES, INC.

Address: 1122 Jefferson Paducah, KY 42001

Phone: (270) 442-5518 or 1-800-467-2218

Hours: 8:00 am - 4:30 pm **Days:** Monday – Friday

Area Served: Purchase Area

Service Information: Family Law, Housing, Bankruptcy. Other cases are accepted on case priority and availability of attorneys.

Eligibility Requirements: Clients should call office and provide income information and description of legal problem, and request appointment. Must meet income-eligibly guidelines and case priority.

Fee: Client pays court cost only.

LEGAL SERVICES

American Civil Liberties Union

125 Broad Street, 18th Floor
New York, NY 1004

Better Business Bureau

1460 Newtown Pike
Lexington, KY 40511

Phone# (859) 259-1008 **Web site:** www.lexington.bbb.org

Services: Honest advertising and selling practices and alternative dispute resolution

Better Business Bureau

844 South 4th Street
Louisville, KY 40203-2186

Phone# (502) 583-6546 **Toll Free# in Ky.** 1-800-388-2222

Web-site: ww.ky-in.bbb.org

CHR Ombudsman

Complaint department for the Cabinet of Human Resources.

Problems relating to Department of Social Services &

Department of Social Insurance

Phone# 1-800-372-2973

Health Care Excel, Inc.

Pro/Medicare Hotline 1-800-288-1499; Upon request, we review quality of care concerns that Medicare beneficiaries may have with a hospital, skilled nursing center, HMO, Home Health.

Phone# 1-800-288-1499

Inspector General's Hotline

Reports fraud such as food stamps fraud etc.

Phone# 1-800-424-9121

MEDICAL

BAPTIST HOME HEALTH

Address: 220 Lone Oak Road, Paducah, KY 42001

Phone# (270) 575-2990 **Fax#** (270) 575-2997

Hours: 8:00 am-4:30 pm **Days:** Monday – Friday

Area Served: Hickman, Marshall, McCracken, Trig Counties

Service Information: In home care, skilled nursing aide, physical therapy, occupational therapy, social services, chaplain services.

Eligibility Requirements: Order from a Physician for need of service

Fee: Medicare, Medicaid, Private Insurance

DIABETES SUPPORT

Address: 2501 Kentucky Ave. Paducah, KY 42001

Phone# (270) 575-2282

Hours: 7:00 am-3:30 pm **Days:** Monday – Friday

Area Served: All

Service Information: Community services provided by Western Baptist Hospital for diabetes management skills

EYE CARE AMERICA & LIONS EYE HEALTH PROGRAM

Phones# 1-800-222-3937

Hours: 24 **Days:** Every day all year round

Web site: www.eyecareamerica.org

Service Information: Seniors who can't afford an eye exam.

Eligibility Requirements: 65 and older, US Citizen or legal resident, have not had an eye exam by an ophthalmologist in 3+ years. Do not belong to an HMO or the VA.

Fee: Medicare co-payments and deductibles are waived for eligible Eye Care America patients.

H.E.A.R.T.S

Address: 2812 Fairmont Street, Paducah, KY 42003

Phone# (270) 442-2590

Service Information: To help low-income and disabled persons to get their medication free. **Please call for appointment**

HEARTLAND CARES

Address: 3025 Clay Street

Mailing Address: P.O. Box 2875, Paducah, KY 42002-2875

Phone# (270) 444-8183 or 1-877-4448183 **Fax#** (270) 444-8147

Area Served: West. Kentucky and Southern IL.

Service Information: To minimize the impact of HIV and Aids on individuals, families, and the community by support, prevention, and education.

KENTUCKY CANCER PROGRAM

Address: 222 Kentucky Avenue, Paducah, KY 42003

Phone# (270) 442-1310 **Fax#** (270) 442-9265

Hours: 8:00 am – 4:30 pm **Days:** Monday – Friday

Area Served: Ballard, Carlisle, Fulton, Graves, Hickman, McCracken and Marshall Counties.

E-Mail: kycancer@apex.net

Service Information: Professional and public cancer information and Smoking Cessation

KENTUCKY COMMISSION FOR CHILDREN WITH SPECIAL HEALTH NEEDS

Address: 400 Park Ave. Bldg. D, Paducah, KY 42001

Phone# (270) 443-3651 **Fax#** (270) 441-7119

Hours: 8:00 am – 4:30 pm **Days:** Monday – Friday

Area Served: Kentucky

Service Information: Chronic health care needs, Disability Teen Support Group for high schoolers and young adults.

Eligibility Requirements: Serves children 0-12 who have chronic health care needs.

Fee: Verification on income, sliding fee scale.

KENTUCKY DEPT. FOR THE BLIND

Address: 220 North 8th Street, Suite E, Paducah, KY 42001

Phone: (270) 575-7315 **Fax#** (270) 575-7987

Hours: 7:30 am -4:00 pm **Days:** Monday – Friday

Area Served: Western Kentucky

Service Information: Counseling, guidance, restoration, training, and job replacement.

Eligibility Requirements: Employable age, 16-65- for services other than counseling, 20-60 visual acuity correction. And the elderly who wants to stay in their home.

KENTUCKY HOME PLACE

Address: 1524 Park Ave, Paducah, KY 42001

Phone# (270) 443-9576 **Fax#** (270) 443-9577

Area Served: Western Kentucky

Service Information: Medication, Diabetic supplies, and Medical supplies.

Eligibility Requirements: Low income, indigent, no HMO

LIFELINE

Address: Western Baptist Hospital
2501 Kentucky Ave, Paducah, KY 42001

Phone# (270) 575-2779

Hours: 8:00 am – 4:00 pm **Days:** Monday – Friday

Service Information: A Portable help button and electronic equipment in your home connects you immediately with the control center at the hospital which contacts people who have agreed to respond to your call. Provides reassurance to the elderly or disabled persons who live alone.

Fee: Small Installation fee and monthly charge.

LOURDES DIALYSIS CLINIC

Paducah Office

Address: 1530 Lone Oak Road, Paducah, KY 42001

Phone# (270 444-2257 & 444-2253 **Fax#** (270) 444-2258

Hours: 5:30 am – 6:30 pm **Days:** Monday – Saturday (for all offices)

Area Served: West Kentucky, Western Tenn. Southern ILL

E-Mail: wellness@lourdes.org

Service Information: Hemodialysis, perihelia, and apheresis treatments to outpatients and to inpatients at Lourdes and critical care treatments only at Western Baptist Hospital. Offer prearranged hemodialysis treatments and backup services for peritoneal dialysis patients visiting the area.

Eligibility Requirements: Referral from nephrologists.

LOURDES' HAROLD DILLER REGIONAL SLEEP DISORDERS

Address: 1530 Lone Oak Road Paducah, KY 42003

Phone# (270) 444-2660&1-800-633-1178, ext. 2660 **Fax#** (270) 444-2661

Hours: 7:30 am – 4:00 pm **Days:** Monday – Friday

Service Information: Comprehensive and treatment for more than 80 types of sleep disorders.

Eligibility Requirements: Self- referred physical report on sleep disorder.

LOURDES HOMECARE/ HOSPICE

Address: 2855 Jackson Street, Paducah, KY 42001

Phone# (270) 444-2262& 1-800-870-7460 **Fax#** (270) 444-2380

Area Served: Ballard, Carlisle, Graves, Livingston, McCracken, and Marshall Counties.

Service Information: Homemakers, Home health aid, Provide skilled and personal care services, Home & Community based waiver program, First Steps, and EPSDT

Eligibility Requirements: Physician referral,

Fee: Medicare, Medicaid, Private insurance, and Private pay

LOURDES STROKE CENTER

Address: 1530 Lone Oak Road, Paducah, KY 42003

Phone# (270) 444-2985 & 1-800-529-9921 **Fax#** (270) 444-29825

Hours: 24 hour phone line

Area Served: Purchase area & Southern ILL

E-Mail: wellness@lourdes-pad.org

Service Information: Inter-disciplinary team of specialists providing state-of-the art treatment. Rehabilitation and prevention of brain damage caused by strokes. Offers educational efforts and screening to prevent strokes.

Eligibility Requirements: 14maximun capacity

LOURDES PROGRAM – OUT PATIENT ON DIABETES

Phone# (270) 415-4056

Service Information: All aspects of handling & Managing Diabetic, 8 hour program
Call for time and date for appointment

PADUCAH-MCCRACKEN COUNTY HEALTH CENTER

Address: 916 Kentucky Ave.

Mailing Address: P.O. Box 2597, Paducah, KY 42002-2597

Phone# (270) 444-9631 **Fax#** (270) 442-8769

Hours: 8:00 am – 4:30 pm **Days:** Monday – Friday

Area Served: McCracken County

Service Information: Preventive disease program, Immunization program, AIDS and other sexually transmitted disease program, Cardiovascular disease and diabetes services, Pap and mammography service, Tuberculosis, communicable disease, well child services, prenatal and family planning, Environmental services, Home Health, First Step, Pregnancy, WIC, Nutrition Education, Birth And Death Records.

Eligibility Requirements: Must meet Programs Guidelines

Bus Line yes **Handicap Accessibility:** yes

ST. NICHOLAS FAMILY FREE CLINIC

Address: 1901 Kentucky Ave. Paducah, KY 42003

Phone# (270) 575-3247 **Fax#** 9270) 442-7335

Hours: 10:00am – 4:00pm **Days:** Tuesday – Friday
Clinic available for 24 patients on Tuesday and Thursday evenings.
Must register between 5:00 pm – 5:45 pm

Areas Served: Ballard, Carlisle, Fulton, Hickman, Livingston, McCracken, Marshall Counties in Ky. and Massac County in IL.

Service Information: Free diagnostic and treatment services, medication and laboratory services. Free health care facility offered to un-insured individuals and their families.

Eligibility Requirements: Currently employed un-insured working individuals (or have worked in the past 6 months) and their families who have no medical insurance. Clients cannot be receiving worker's comp. or disability (SSI), Medicare/ Medicaid.

Documentation Needed For Visit: Individuals must bring current paycheck stubs from all working family members.

Bus Line: Yes **Handicap Accessibility:** yes

WESTERN BAPTIST HOSPITAL SOCIAL SERVICES

Address: 2501 Kentucky Ave, Paducah, KY 42003

Phone# (270) 575-2547

Hours: 8:00 am – 4:30 pm

Days: Monday – Friday

Area Served: All hospital patients, their families and community.

Service Information: Provides discharge planning and community referral for patients and their families.

Bus Line: yes

Handicap Accessibility: yes

MENTAL HEALTH/MR/DD

EASTER SEALS WEST KENTUCKY Adult Services and Child Development Center

801 North 29th Street
Paducah, KY 42001

Phone: 270-444-9687

FAX: 270-444-5590

Hours/Days: 7:30 am – 5:30 pm Monday – Friday

Bus line: YES

Handicap Accessibility: YES

Area served: 13 most western counties and Southern Illinois

Eligibility: Referrals taken from Department of Vocational Rehabilitation, MR/DD, school systems, and physicians.

Service information: Screenings; Evaluations; Home based service for children 0-3 years of age; Early intervention classes for children 1-3 years of age; Center based speech, physical therapy, occupational therapy services: Improve social, community and prevocational skills for people with severe disabilities; Stages _ Early intervention, preschool, physical therapy, occupational therapy, speech therapy and child care. Provides employment opportunities for people with disabilities either in the community or at the Center.

Fees: Depends on the ability to pay.

EMOTIONAL WELLNESS CENTER

Lourdes Hospital

1530 Lone Oak Road, Paducah, KY 42003

Phone: (270) 444-2250

FAX: (270) 444-2481

Hours/Days: 24 hours per day

Bus line: YES

Handicap accessibility: YES

Area served: In-patient referrals from all counties and states

Eligibility: Direct admission by psychiatrist on staff. Consults from other physicians or hospital to staff psychiatrist.

Service Information: Adult unit for all general psychiatric services – individual, group and family counseling.

FOUR RIVERS BEHAVIORAL HEALTH

Address: 425 Broadway, Paducah, KY 42001

Phone: (270) 442-7121 **FAX:** (270)443-9692

Hours: 8:00 am – 5:00 pm – Monday, Wednesday, Thursday, Friday
8:00 am – 8:00 pm – Tuesday

Bus line: YES

Handicap accessibility: YES

Area served: McCracken, Ballard, Calloway, Carlisle, Fulton, Graves,
Hickman, Livingston, and Marshall Counties

Eligibility: Emergency cases are seen on an immediate basis. Non
emergency services are scheduled for appointment within 48 hours.

Service information: Comprehensive Mental Health Center - Provide individual, group
and family therapy; Inpatient, out patient and partial hospitalization. Substance abuse
services – See - **Drug and Substance abuse prevention**

Fees: Discount fee schedule based on income and verification of income and number of
dependents

FOUR RIVERS BEHAVIORAL HEALTH-MR/DD

Address: 425 Broadway, Paducah, KY 42001

Phone: (270) 442-5088

FAX: (270) 4423-3268

Bus line: YES

Handicap Accessibility: YES

Hours: 8:00 am – 5:00 pm

Days: Monday – Friday

Area served: McCracken, Ballard, Calloway, Carlisle, Fulton, Graves,
Hickman, Livingston, and Marshall Counties

Eligibility: Client must have developmental disability diagnosis

Service information: Comprehensive community mental health center
offering support, respite, residential, day habilitation
and community living support

Fees: Discount fee schedule based on income and verification of income and number of
dependents

MENTAL HEALTH SERVICE AGENCIES

Behavioral Medicines, Inc.

1700 Kentucky Ave, Suite 120
Paducah, KY 42003
270-442-9203

Christian Counseling Ctr

2820 Jefferson Street
P O Box 8211
Paducah, KY 42002-8211
270-442-5738

Cumberland Hall Family Counseling

3307 Lone Oak Road
Paducah, KY 42003
270-444-0444

Family Counseling Services

657 Lone Oak Road
Paducah, KY 42003
270-442-6100

Psychology Associates of Paducah

2204 Kentucky Avenue
Paducah, KY 42003
270-442-8785

PSYCHOLOGISTS

Pam Hines, MS

2204 Kentucky Avenue
Paducah, KY 42003
270-442-8785

R. Gordon Williams, Jr., PhD

1 Executive Blvd. LL1
Paducah, KY 42001
270-444-0700

Wynn-Lancaster Brown, MS

2204 Kentucky Avenue
Paducah, KY 42003
270-442-8785

Tim Harris, PhD

296 Pecan Drive, Suite 5
Paducah, KY 42001
270-554-7575

Gaye U. Haynes, MS

2204 Kentucky Avenue
Paducah, KY 42003
270-442-8785

Michael Nicholas, PhD

2204 Kentucky Avenue
Paducah, KY 42003
270-442-8785

Lori Wells Brown, MS

Purchase Ares Psychologist Ser.
220 West Walnut Street
Mayfield, KY 42066

John C. Runyon, MS

2204 Kentucky Avenue
Paducah, KY 42003
270-442-8785

Danette Morton-Page, MA
206 South 6th Street
Murray KY 42071
270-7539827

Dr. Tom Wagner
509 Main Street
Murray, KY 42071
270-759-1210

PSYCHIATRISTS

Ronald Kelley, MD
1 Executive Blvd, LL 1
Paducah, KY 42001
270-444-0700

Kurt Klauburg, DO
296 Pecan Drive
Paducah, KY 42001
270-554-7575

David A. Meyer, MD
Century Bldg – Suite 301
100 Fountain Avenue
Paducah, KY 42001
270-444-2686

Vicki Roberts, MD
2320 Broadway
Paducah, KY 42001
270-442-5925

NURSING HOMES

Nursing homes are listed for the Purchase Area. Please contact the home of your choice to get information regarding eligibility and fee structure.

McCRACKEN COUNTY:

Medco

867 McGuire Avenue
Paducah, KY 42001
(270) 442-6168

Paducah Center for Health/Rehab

501 North 3rd Street
Paducah, KY 42001
(270) 444-6288

Parkview Nursing /Rehab Center

544 Lone Oak Road
Paducah, KY 42003
(270) 443-6543

Residential Care Center

2301 Irvin Cobb Drive
Paducah, KY 42003
(270) 442-6441

Superior Care Center

3100 Clay Street
Paducah, KY 42001
(270) 442-6884

BALLARD COUNTY:

Life Care Center of LaCenter

252 West 5th Street
LaCenter, KY 665-5681

CALLOWAY COUNTY:

Fern Terrace Lodge

1505 Stadium View
Murray, KY 42071
(270) 753-7109

Murray-Calloway Co Hospital TLC

803 Poplar Street
Murray, KY 42071
(270) 762-1250

Westview Nursing Home

1401 So.16th Street
Murray, KY 42071
(270) 767-3660

CARLISLE COUNTY:

Countryside Health Care

47 Margo Avenue
Bardwell, KY 42023
(270) 628-5424

FULTON COUNTY:

Haws Memorial Nursing Home
1004 Holiday Lane
Fulton, KY 42041
(270) 472-1971

GRAVES COUNTY:

Fern Terrace Lodge
Highway 45 N, P O Box 325
Mayfield, KY 42066-0325
(270) 247-3259

Green Acres Health Care
402 W. Farthing; P O Box 409
Mayfield, KY 42066-0409
(270) 247-6477

Heritage Manor
401 Indiana Avenue
Mayfield, KY 42066
(270) 247-0020

Meadowview Retirement Home
4880 State Rte 121 South
Mayfield, KY 42066
(270) 345-2116

Melber Rest Home
10545 State Route 945
Melber, KY 42069
(270) 856-3210

Mills Manor
500 Beck Lane
Mayfield, KY 4206
(270) 247-7890

HICKMAN COUNTY:

Clinton-Hickman Co, ICF
366 So. Washington Street
Clinton, KY 42031
(270) 653-2461

Arbor Place
106 Padgett Drive
Clinton, KY 42031
(270) 653-5558

MARSHALL COUNTY:

Britthaven
307 Main Street
Benton, KY 42025
(270) 527-9766

Marshall County Hospital LTC
503 Geo. McClain Drive
Benton, KY 42025
(270) 527-4841

Calvert City Convalescent Ctr.
1202 5th Avenue, SE
Calvert City, KY 42029
(270) 395-4124

Oakview Nursing/Rehab Ctr
10456 US Hwy 62
Calvert City, KY 42029
(270) 898-6288

RECREATION

CROSS, OSCAR – BOYS AND GIRLS CLUB

Address: 1125 Oscar Cross Ave., Paducah, KY 42003

Mailing address: P O Box 203, Paducah, KY 42002-0203

Phone: (270) 444-9124

FAX: (270) 444-9127

E-mail: oc_bg@hotmail.com

Hours: Fall 4:00 pm – 8:00 pm **Days:** Monday – Friday

Summer: 8:00 am – 4:00 pm Monday - Friday

Bus line: YES

Handicap Accessibility: YES

Area Served: Paducah, McCracken County and Western KY

Service Information: Assistance with homework, computer lab, recreation and club activities. Club activities to promote juvenile decency.

Eligibility: Must be 6 – 18 years of age

Fee structure: \$5.00 membership fee per year. Membership required for club.

PADUCAH PARKS DEPARTMENT

Address: 1400 H.C. Mathis Drive, Paducah, KY 42001

Phone: (270) 444-8505

FAX: (270) 444-8627

Hours: 8:30 am – 5:00 pm

Days: Monday – Friday

Bus line: YES

Handicap accessibility: YES

Website: www.ci.paducah.ky.us

Service information: Maintains all city parks, playgrounds, pools, tennis courts and golf courses. Provides recreational programs for adults, teens, grade school and pre-school children. Summer activities and after school programs, parades and living dramas. Call office for specific details or check newspapers.

Fee: Yes – vary on activity

PADUCAH-MCCRACKEN COUNTY SENIOR CITIZENS

Address: 1400 H. C. Mathis Drive, Paducah, KY 42001

Phone: (270) 443-8579 **FAX:** (270) 443-8609

E-mail: seniorcenter@ci.paducah.ky.us

Hours: 8:00 am – 4:00 pm **Days:** Monday – Friday

Bus line: YES **Handicap accessibility:** YES

Area served: Paducah-McCracken County

Eligibility: 60 years of age and older

Service Information: Agency dedicated to providing the senior citizens of this area with services that will allow them to maintain their independence and dignity. Recreation – (dances, exercise programs, bingo, and card games) and Day trips to area of interest. Nutrition programs both congregate and home delivered. Support services: telephone reassurance, friendly visiting; Senior Buddies-companion program; Educational classes; Health promotion activities; RSVP; TRIAD.

THE SALVATION ARMY

Address: 2990 Trimble Street, Paducah, KY 42001

Mailing address: P O Box 569, Paducah, KY 420002-0569

Phone: (270) 443-7575 **Hours:** 12 noon – 6:00 pm Tuesday – Friday

Bus line: YES **Handicap accessibility:** YES

Area served: Paducah-McCracken County

Service information: Youth activities, Sports and games, computer lab, after school programs, tutoring

Eligibility requirements: Boys and girls ages 7 – 15 years of age

Documentation needed: registration form and parents permission.

Fee: Free ----- Field trips only a \$5.00 fee

RESPITE
(Limited in-home services to provide relief for the caregiver)

BAPTIST HOME HEALTH AGENCY

230 Berger Road
Paducah, KY 42003
(270) 575-2990

CARING PEOPLE SERVICES

P O Box 9185
Paducah, KY 4202-9185
(270)575-4529 or 1-800-383-7231

Services: Non-medical in-home services for the elderly or disabled; community integration and leisure recreation activities; hospital or facility sitters; geriatric care management' and elder advocacy

LOURDES HOME CARE

2855 Jackson Street
Paducah, KY 42003
(270)444-2262

Mayfield (270) 247-3047
Wickliffe (270)335-5758

MEDSHARES HOMECARE

616 Hwy 121 North
Murray, KY 42071
(270) 753-1434 or 1-800-5486601

Paducah (270) 442-4536
Mayfield (270)251-2001
Benton (270)527-3144

MURRAY CALLOWAY CO HOSPITAL

803 Poplar Ave
Murray, KY 42071

PARKWAY REGIONAL

2006 Holiday Lane
Fulton, KY 42041
(270) 472-0070

PURCHASE DISTRICT HOME HEALTH

Main office: 916 Kentucky Avenue
Paducah, KY 42003
(270) 444-9631

Area numbers: Ballard – 270-665-5432 Carlisle – 270-6285431
Graves- 270-247-3553
Calloway-270-753-3381 or 762-3800
Fulton – 270-472-1982 or 236-2825

WEST KENTUCKY ALLIED SERVICES

Kentucky Homecare Respite Program
222 West Water Street,
P O Box 736
Mayfield, KY 42066-0736
270-2474046

SUPPORT GROUPS –LOCAL

AARP/ 55 ALIVE MATURE DRIVING PROGRAM

Phone# (270) 444-2052

Service Information: Various classes offered. All day class to strengthen and fortify good driving skills for people age 50 and older. Insurance companies provide discounts or rebates for successful completion of the program. **(Classes are held only in warm weather)**

ALS (LOU GEHRIG DISEASE)

Phone# (270) 444-2543

Service Information: Group meets the 3rd Thursday of every month at Lourdes Hospital in the basement at 4:00 pm.

ALZHEIMER'S SUPPORT / WELLINGTON PARC

Phone# (270) 534-0620

Service Information: Group meets the 3rd Wednesday every other month at 1:00 pm.

AMERICAN HEART ASSOCIATION KENTUCKY AFFILIATE

Address: 222 Kentucky Ave. Suite 4, Paducah, KY 42003

Phone# (270) 442-3730

Fax# (270) 442-7403

Hours: 8:00 am – 4:30 pm

Days: Monday, Tuesday, Thursday and Friday

Area Served: Western Region of Kentucky

Service Information: Public education materials. Support group to reduce death and disability due to cardiovascular and strokes. Education, literature, speaker's bureau to local community. Call for information & support groups.

ARTHRITIS CARING TOGETHER

Phone# (270) 575-2721

Service Information: To help those with arthritis learn more about the disease.

BEREAVEMENT SUPPORT GROUP

Phone# (270) 444-2262

BRAIN INJURY SUPPORT GROUP

Phone# (270) 575-2799

Service Information: Group meets 4th Monday at Lourdes Hospital at 6:00pm.

CANCER PROGRAMS (KENTUCKY)

Phone# (270) 442-1310

Service Information: Public cancer education including literature, audio, visuals and speakers. Monthly professional cancer education for physicians and nurses, cancer incidence tracking and free cancer screening planning.

CARDIAC CLUB

Phone# (270) 444-2106

Service Information: 6:30pm social hour; 7:00pm meeting begins. Club meets the 3rd Tuesday of each month. Club is for those who suffer from heart disease and their family members. Meetings alternate between Lourdes Hospital and Western Baptist.

CIGARETTE SUPPORT CLASS (ASHES)

Phone# (270) 444-2849

Service Information: Classes offered quarterly for those who want to stop smoking.

DIABETES SUPPORT

Address: 2501 Kentucky Ave Paducah, KY 42001

Phone# (270) 575-2282 & (270) 415-4056

Hours: 7:00 am – 3:30 pm **Days:** Monday – Friday

Area Served: All

Service Information: Community service provided by WBH to teach diabetes management skills. Support group for persons with diabetes, their families and concerned friends. Meets on the 2nd Tuesday or each month at 7 pm. Meetings alternate between Lourdes & Western Baptist Hospitals. Call for exact time and place.

DOMESTIC VIOLENCE HOTLINE

Phone# 1-800-829-2837

Service Information: Hotline established for aid and assistance to victims of domestic violence.

EATING DISORDERS SUPPORT GROUP

Phone# (270) 444-2873

Service Information: A group for those suffering from eating disorders and their families. Group meets 2nd Wednesday of each month at 5:30 pm at Lourdes.

EMOTIONS ANONYMOUS

Phone# (270) 442-0548 or 554-0055

Service Information: Group meets every Tuesday from 6:30 to 8:00pm.

EPILEPSY SUPPORT GROUP

Phone# (270) 442-4083

Service information: For patients with Epilepsy and their families. Group meets 2nd Monday of every month from 6:30 at Lourdes.

FIBROMYALGIA SUPPORT GROUP

Phone# (270) 575-9570

Service Information: For Fibromyalgia sufferers/interested supporters. Group meets 2nd Friday of each month from 10:00 to 11:30 am at Western Baptist Hospital.

GRIEF SUPPORT GROUP

Phone# (270) 415-3604 or 444-2444

Service Information: The group is for anyone suffering the death of a parent, spouse, child or friend. Call for information.

HOUSE OF HOPE MATERNITY HOME

Address: 2025 Clark Line Road

Address: P.O. Box 7403 Paducah, KY 42002-7403

Phone# (270) 534-9410 **Hours:** 24 hours per day

E-Mail: hope@paducah.com

Area Served: All States

Service Information. Residential and life-skills care for pregnant, unwed mothers.

Eligibility Requirements: Call for application, 8 capacity

Bus Line: no

Handicap Accessibility: yes

HOPE UNLIMITED PREGNANCY CARE CENTER, INC.

Address: 2330 Cairo Road

Mailing Address: P.O. Box 7403, Paducah, KY 42002-7403

Phone# (270) 442-1166

Fax# (270) 442-1166

Hours: 10:00 am – 4:00 pm

Days: Monday – Friday

Hours: 10:00 am – 8:00 pm

Day: Thursday

Area Served: Kentucky, Illinois, Missouri

Service Information: Teen Support Group

Bus Line: yes

Handicap Accessibility: yes

LUPUS SOCIETY OF WESTERN KENTUCKY

Phone# (270) 554-8879

Service information: Group for lupus patients, families and those interested in disease support. Group meets the 2nd Thursday of each month at 7:00pm at Lourdes

MADD (Mother's Against Drunk Driving)

Phone# 1-800-944-6233

Service Information: Mother's Against Drunk Driving is for anyone interested in joining the fight against alcohol and other drug impaired driving. Members support and advocate driving, community awareness and victim support.

MARCH OF DIMES

Address: 333 Broadway, Room 810, Paducah, KY 42001

Phone# (270) 443-8603

Fax# (270) 441-7620

Hours: 9:00 am -5:00 pm

Days: Monday – Friday

Area Served: Purchase and Pennyrite Districts

Service Information: Health information for parents to be. Support of research, education, community services and advocacy for the prevention of birth defects, low births weight and infant mortality. For up to date information about pre-pregnancy, prenatal, child birth and infant (up to one year). Health issues.

Call March of Dimes National Resources Center, 1-888-MODIMES

MERRYMAN DOMESTIC VIOLENCE SUPPORT GROUP

Address: P.O. Box 98 Paducah, KY 42002-0098

Phone# (270) 443-6001 **Fax#** (270) 443-9146

Hours: Phone is answered 24 hours a day – 7 days a week

Service Information: Counsels and maintains a safe home for battered or abused men, woman and their children.

Eligibility Requirements: Physically, mentally or emotionally abused women or men.

METHODIST MISSION SOCIETY

Phone# (270) 442-0077 or 442-8621

Service Information: This is a cooperative work of any denomination and faith who work together to focus on mission opportunities locally, reviving everyone involved by the co-operant power of the Holy Spirit

MULTIPLE SCLEROSIS SUPPORT GROUP W.B.H.

Phone# (270) 247-2450 or 247-4064

Service Information: Provides books, tapes, and medical equipment for loan to MS patients and their families. In addition, emotional support and learning sessions with community speakers are available.

NATIONAL ALLIANCE FOR THE MENTALLY ILL

Phone# (270) 744-9586

Service Information: Group meets the 3rd Monday of each month from 7:00am-9:00pm.

OVEREATERS ANONYMOUS

Phone# (270) 442-9466

Service Information: Group meets Tuesday and Saturday from 10:00am – 11:00am.

PARKINSON'S DISEASE SUPPORT GROUP

Phone# (270)898-0831

Service Information: Patients, family and friends meet weekly to hear professional speakers, have a group discussions and watch educational videos.

PURCHASE AREA SEXUAL ASSUALT CENTER

Mailing Address: P.O. Box 1501 Paducah, KY 42002-1501

Phone# (270) 442-7273 or 1-800-928-7273 **Fax#** (270) 443-9203

Hours: 8:00 am – 5:00 pm **Days:** Monday – Friday

Area Served: McCracken, Ballard, Calloway, Carlisle, Fulton, Graves, Hickman, Livingston, and Marshall Counties.

Service Information: Counseling and Crisis intervention, 24-hour crisis line, 24-hour medical advocacy, Long term therapy, Child therapy, Court Advocacy, Community education program,

Eligibility Requirements: Adult and child victims of sexual assault/ abuse and their families.

Bus Line: yes **Handicap Accessibility:** yes

T.O.P.S. (TAKE OFF THE POUNDS)

Phone# (270) 443-3883 or 554-8348

Service Information: Margaret Hank Church on Wednesday at 9:30 pm to 10:30pm

TRANSPORTATION

FAMILY SERVICE SOCIETY

Address: 827 Joe Clifton Drive, Paducah, KY 42001

Phone: 270-443-4838

FAX: 270-443-3988

Hours/Days: 9:00 am – 12:00 pm & 1:00 pm – 3:30 pm Monday – Friday

Bus line: YES

Handicap Accessibility: YES

Area served: Paducah/McCracken County

Transportation: Purchase of bus ticket for an individual who is stranded and needing to get home. A tank of gas to get to an out of town doctor appointment if not covered by Medicare or Medicaid.

Restrictions: Any type of monetary assistance is limited to 1x in an 18 month period.

PADUCAH AREA TRANSIT AUTHORITY

Address: 850 Harrison Street, Paducah, KY 42001

Phone: 270-444-8700 (answered 24 hours)

FAX: 270-444-8633

Hours/Days: Bus lines: 6:00 am to 6:00 pm Monday – Friday
9:00 am to 6:00 pm Saturday

Cabs: 24 hours per day

Fees: \$.75 on bus routes
\$1.75 per mile on demand service with cabs
\$1.50 per mile if called with 24 hour notice

Some medical appointments are approved if you call the office 72 hours in advance between 8:00 am and 4:30 pm and paid for by Medicare & Medicaid

If you are 60+ years of age – you can contact the PATS office and tell them you need a **SENIOR RIDE** – Transportation available to medical appointments, grocery store and bank. No fees small monetary donation.

PADUCAH COOPERATIVE MINISTRY

Address: 402 Legion Drive, Paducah, KY 42003

Phone: 270-442-6795

FAX: 270-442-6812

Hours: 9:00 am to 12:00 noon and 1:00 pm to 4:00 pm

Days: Monday – Friday

Bus line: YES

Handicap accessibility: YES

Area served: Paducah/McCracken County

Transportation: Gasoline vouchers or transient relief

ST. VINCENT de PAUL SOCIETY

Address: 2014 Cairo Road, Paducah, KY 42001

Mailing: P O Box 8433, Paducah, KY 42002-8433

Phone: 270-4429-9351

Bus line: YES

Handicap accessibility: YES

Hours/Days: 10:00 am to 3:00 pm Tuesday – Saturday

Bus line YES:

Handicap accessibility: YES

Eligibility: Client must bring in ID and social security number to receive help.

Transportation: Request for bus tickets will be honored in cases if illness or death in the family. St. Vincent de Paul's portion will not exceed \$50.00. The exception to this is a request from another agency or mission.

VETERAN AFFAIRS

VOCATIONAL REHABILITATION AND EMPLOYMENT

Address: 207 South 8th Street Mayfield, KY 42066

Phone# (270) 251-3299 **Fax#** (270) 251-3479

Service Information: Vocational rehabilitation and Employment services to assist veterans with connected disabilities to obtain employment.

PADUCAH VETERANS MEDICAL CLINIC

Address: 2620 Perkins Ave. Paducah, KY 42003

Phone# (270) 444-8465

Service Information: Medical care and services for veterans

KENTUCKY CENTER FOR VETERAN AFFAIRS

Address: 1111 Louisville Road Frankfort, KY 40601 (NGAKY Bldg.)

Phone# (502) 564-1864

Service Information: Services to veterans of military service, their families, dependents and/or survivors-assistance in filing for claims to Veteran Administration, collection and dissemination of information and services, possible direction for employment services, & referral regarding rights and benefits.

VETERANS BENEFITS ADMINISTRATION

Address: 545 South 3rd street Louisville, KY 40202

Phone# 1-800-827-1000

YOUTH/CHILDREN SERVICES

BOY SCOUTS OF AMERICA – SHAWNEE TRAILS COUNCIL

Mailing address: 240 Whippoorwill Lane, Paducah, KY 42001

Phone: 270-554-5857

E-mail: eblackbsa@yahoo.com

Eligibility: Must have completed Kindergarten and not yet reached their 21st birthday.

Area served: Paducah/McCracken County – Purchase Area and Southern IL.

Fees: \$11.20a year for Boy Scouts and \$8.20 Explorers

Service information: Instills values in youth to help make ethical choices. Program includes: Tigers, Cub Scouts, Boy Scouts, Venturing, Exploring and Learning for Life.

CABINET FOR FAMILIES & CHILDREN

(Dept. for Community Based Services Protection & Permanency)

Address: 206 North 8th Street, Paducah, KY 42001

Mailing address: P O Box 1040, Paducah, KY 42002-1040

Phone 270-575-7105

FAX: 270-575-7015

Hours/Days: 8:00 am – 4:30 pm Monday – Friday

Bus line: YES

Handicap accessibility: YES

Eligibility: Referral must meet legal criteria abuse or neglect of children

Area served: McCracken

Service information: Child protection/State Agency, adoption & foster care. Provides investigations and services to victims of child abuse and neglect.

CROSS, OSCAR – BOYS AND GIRLS CLUB

Address: 1125 Oscar Cross Ave., Paducah, KY 42003

Mailing address: P O Box 203, Paducah, KY 42002-0203

Phone: (270) 444-9124

FAX: (270) 444-9127

E-mail: oc_bg@hotmail.com

Hours: Fall 4:00 pm – 8:00 pm **Days:** Monday – Friday

Summer: 8:00 am – 4:00 pm Monday - Friday

Bus line: YES

Handicap Accessibility: YES

Area Served: Paducah, McCracken County and Western KY

Service Information: Assistance with homework, computer lab, recreation and club activities. Club activities to promote juvenile decency.

Eligibility: Must be 6 – 18 years of age

Fee structure: \$5.00 membership fee per year. Membership required.

.

DREAM FACTORY

Address: P O Box 2333, Paducah, KY 42002-2333

Phone: 270-442-9393

Eligibility: Seriously or chronically ill children – age 3-17

Area served: 60 mile radius of Paducah

Service information: Grant the dreams of seriously ill children

KENTUCKIANA GIRL SCOUTS

Address: 711 Jefferson Street, Paducah, KY 42001

Phone: 270-443-8704

FAX: 270-443-4746

Hours/Days: 8:30 am – 5:00 pm Monday – Friday

Eligibility: Girls 5 through 18 years of age

Area served: 12 Western Kentucky counties and Obion County, Tennessee

Service Information: Develop young girls to their full individual potential; Relate to others with increasing understanding, skill and respect; Develop values to guide her actions and to provide the foundation for sound decision-making; Contribute to the improvement of society through the use of her abilities; Leadership skills working in cooperation with others.

KENTUCKY COMMISSION for CHILDREN with SPECIAL HEALTH CARE NEEDS

Address: 400 Park Ave., Bldg D, Paducah, KY 42001

Phone: 270-443-3651

FAX: 270-441-7119

Hours/Days: 8:00 am – 4:30 pm Monday – Friday

Bus line: YES

Handicap accessibility: YES

Area served: Commonwealth of Kentucky

Eligibility: Children 0 – 21 years of age who have chronic health care needs

Fees: Verification of income; sliding scale

Service information: Chronic health care needs. Disability Teen Support Group for high school age students and young adults

NEW PATHWAYS FOR CHILDREN

Address: 3233 Shaw Road, Melber, KY 42069

Mailing address: P O Box 10, Melber, KY 42069-0010

Phone: 270-674-6061

FAX: 270-674-6065

Hours/Days: 8:30 am – 4:30 pm Monday - Friday

Eligibility: Children age 10 to 18 years of age who have been referred by the courts, Community Based Services Protection & Permanency; Private referrals

Area served: Commonwealth of Kentucky

Fee: sliding scale

Beds: 15 bed boys; 12 bed girls and a 7 bed girls

Service information: Faith based organization – structure and guidance to abused, neglected and behavioral disordered youth.

PADUCAH PARKS DEPARTMENT

Address: 1400 H.C. Mathis Drive, Paducah, KY 42001

Phone: (270) 444-8505

FAX: (270) 444-8627

Hours: 8:30 am – 5:00 pm

Days: Monday – Friday

Bus line: YES

Handicap accessibility: YES

Website: www.ci.paducah.ky.us

Service information: Maintains all city parks, playgrounds, pools, tennis courts and golf courses. Provides recreational programs for adults, teens, grade school and pre-school children. Summer activities and after school programs, parades and living dramas. Call office for specific details or check newspapers.

Fee: Yes – vary on activity

THE SALVATION ARMY

Address: 2990 Trimble Street, Paducah, KY 42001

Mailing address: P O Box 569, Paducah, KY 420002-0569

Phone: (270) 443-7575 **Hours:** 12 noon – 6:00 pm Tuesday – Friday

Bus line: YES **Handicap accessibility:** YES

Area served: Paducah-McCracken County

Service information: Youth activities, Sports and games, computer lab, after school programs, tutoring

Eligibility requirements: Boys and girls ages 7 – 15 years of age

Documentation needed: registration form and parents permission.

Fee: Free ----- Field trips only a \$5.00 fee

NATIONAL HOTLINES

ALCOHOL AND DRUG ABUSE

Adcare Hospital Helpline	1-800-252-6465
Al-Anon Family Group Headquarters	1-800-356-9996
American Council on Alcoholism	1-800-527-5344
Betty Ford Center	1-800-854-9211
Center for Substance Abuse Treatment	1-800-662-4357
Clearinghouse for Alcohol & Drug Abuse	1-800-729-6686
Cocaine Hotline	1-800-262-3463
Information and Referral for Drug Abuse	1-800-942-3425
Smoke Enders	1-800-323-1126
National Drug Abuse	1-800-662-4357

CANCER

American Cancer Society	1-800-ACS-2345
Breast Cancer Foundation	1-800-IM-AWARE
Breast Cancer Patient Education Service	1-800-34-LIFE-4
Breast Self-Examination Questions	1-800-626-2273
Cancer Care	1-800-813-HOPE
Cancer Information service	1-800-422-6237
National Breast Cancer Organization	1-800-221-2141
Y-Me Breast Cancer Support Group	1-800-221-2141

CHILDREN

American SIDS Institute	1-800-232-7437
Child Abuse State Hotline	1-800-752-6200
Children's Hospice International	1-800-242-4453
John Tracy (deaf) Clinic	1-800-522-4582
Juvenile Diabetes Foundation	1-800-223-1138
Lead Line	1-800-352-8888
Shriners' Hospital for Crippled Children	1-800-237-5055

CONSUMER AFFAIRS/SAFETY

Attorney General Consumer Protection	1-888-432-9257
Auto Safety Hotline	1-800-424-9393
Consumer Product Safety Commission	1-800-638-2772
Crime Insurance	1-800-638-8780
EPA's Superfund and EPCRA Hotline	1-800-424-9346
FDA Center for Food Safety	1-800-332-4010
Financial Aid Assistance Service	1-800-433-3243
Flood Insurance Program	1-800-638-6620
Indoor Air Quality Clearinghouse	1-800-438-4318
Internal Revenue Service	1-800-829-1040

Consumer Affairs/Safety continued

Meat and Poultry Hotline	1-800-535-4555
National Fire Protection Association	1-800-.344-3555
National Fraud Information Center	1-800-876-7060
National Highway Traffic Safety Hotline	1-800-424-9393
National Lead Information Center	1-800-532-3394
National Pesticide Telecommunications	1-800-858-7378
National Radon Helpline	1-800-SOS-RADON
National Safety Council	1-800-621-7619
Safe Drinking Water Helpline	1-800-426-4791
Social Security Administration	1-800-772-1213
US Coast Guard Information Hotline	1-800-638-2772
US Dept of Health & Human Services	1-800-368-1019

CRISIS/EMERGENCY SERVICES

Agoraphobia, Panic Attacks, and Anxiety Disorders	1-800-274-6242
Air Medic	1-800-423-2667
Child Find, USA	1-800-I AM LOST
Covenant House Nineline	1-800-999-9999
Medic Alert Foundation	1-800-432-5378
National Child Abuse Hotline	1-800-422-4453
National Child Safety Council	1-800-222-1464
National Hotline for Missing and Exploited Children	1-800-843-5678
National Response Center for Pollution	1-800-424-8802
National Runaway Switchboard	1-800-621-4000
Oil Chemical Spills National Pesticides Telecommunication Network	1-800-858-7378

ELDERLY/SENIORS

Alzheimer's Association	1-800-272-3900
Alzheimer's Disease Education & Referral	1-800-483-4380
National Council on Aging	1-800-424-9046
National Institute on Aging	1-800-222-2225

HEALTH SERVICES

Allergy and Asthma Information Line	1-800-822-2762
Asthma and Allergy Foundation of America Information Clearinghouse	1-800-727-8462
American Association of Kidney Patients	1-800-749-2257
American Association on Mental Retardation	1-800-424-3688
American Board of Medical Specialists	1-800-733-2267
American Diabetes Association	1-800-232-3472
American Dietetic Association Hotline	1-800-366-1655
American Foundation for Urologic Disorders	1-800-242-2383

American Heart Association-Stroke Connection	1-800-553-6321
American Institute for Cancer Research Nutrition Hotline	1-800-843-8114
American Kidney Foundation	1-800-638-8299
American Lung Association of Kentucky	1-800-586-4872
American Liver Foundation	1-800-223-0179
American Parkinson Disease Association	1-800-223-2732
American Paralysis Association	1-800-225-0292
American Society for Dermatologic Surgery	1-800-441-2737
American Trauma Society	1-800-556-7890
Arthritis Consulting Services	1-800-327-3027
Cleft Palate Foundation	1-800-242-5338
Crohn's & Colitis Foundation	1-800-932-2423
Cystic Fibrosis Foundation	1-800-344-4823
Dial-a-Hearing Screening Test	1-800-222-3277
Depression Awareness	1-800-421-4211
Epilepsy Foundation of America	1-800-332-1000
Health Resource Center	1-800-544-3284
Hearing Helpline	1-800-327-9355
Hear Now	1-800-648-4327
Hearing Impaired	1-800-6388783
Human Growth Foundation	1-800-451-6343
Huntington's Disease Society KY Chapter	1-800-784-3721
Huntington's Disease Society of America	1-800-345-4372
Impotence Information Center	1-800-843-4315
I & R for Alzheimer's Disease	1-800-621-0379
Living Bank (organ donation)	1-800-528-2971
Lung Line Information Service	1-800-222-5864
Lupus Foundation of America	1-800-558-0121
Meniere's Network	1-800-545-4327
Multiple Sclerosis	1-800-922-7591
Multiple Sclerosis Association of America	1-800-532-7667
Myasthenia Gravis Foundation	1-800-541-5454
National Center for Stuttering	1-800-221-2483
National Clearinghouse on Family Support And Children's Mental Health	1-800-628-1696
National Downs Syndrome Congress	1-800-232-6372
National Downs Syndrome Society	1-800-221-4602
National Easter Seal Society	1-800-221-6827
National Foundation for Depressive Illness	1-800-248-4344
National Headache Foundation	1-800-843-2256
National Head & Brain Injury Helpline	1-800-444-6443
National Health Information	1-800-336-4797
National Kidney Foundation	1-800-622-9010
National Marrow Donor Program	1-800-627-7692
National Mental Health Association	1-800-969-6642
National Parkinson Foundation	1-800-327-4545
National Rehabilitation Information Center	1-800-346-2742
National Spinal Cord Injury Association	1-800-962-9629

National Spinal Cord Injury Hotline	1-800-526-3456
Organ Donor Hotline	1-800-243-6667
Orton Dyslexia Society	1-800-222-3123
Parkinson's Disease Foundation	1-800-457-6676
Plastic Surgery Information Service	1-800-635-0635
Spina Bifida	1-800-621-3141
Stuttering Foundation of America	1-800-992-9392
United Cerebral Palsy Association	1-800-872-5827
Venereal Disease	1-800-227-8922

INFANT SERVICES

Bethany Christian Adoption Services	1-800-238-4269
Beechnut Infant Nutrition Hotline	1-800-523-6633
Gerber Nutrition Infant Hotline	1-800-443-7237
National Adoption Center	1-800-862-3678
National Information Clearinghouse for Infants w/Disabilities & Life-Threatening Conditions	1-800-922-9234
Sudden Infant Death Syndrome Institute	1-800-232-7437
Sudden Infant Death Syndrome Alliance	1-800-221-7437

INFORMATION & REFERRAL

Health Information	1-800-336-4797
Lawyer Referral Service	1-800-899-4529
Rural Information Center Health Service	1-800-633-7701

INSURANCE

Medicare Telephone Hotline	1-800-638-6833
National Insurance Consumer Hotline	1-800-942-4242

LIBRARY SERVICES

Captioned Films/Video Program	1-800-237-6213
National Library of Medicine	1-800-272-4787
National Library Service for the Blind and Physically Handicapped	1-800-424-8567
Recording for the Blind and Dyslexic	1-800-221-4792

RARE DISORDERS

American Leprosy Missions	1-800-543-3135
Amyotrophic Lateral Sclerosis Association	1-800-782-4747
Betten Disease Support	1-800-448-4570
Cooley's Anemia Foundation	1-800-522-7222
Cornelia De Lange Syndrome Foundation	1-800-223-8355
Histiocytosis Association	1-800-548-2758
National Lymphedema Network	1-800-541-3259

National Neurofibromatosis Foundation	1-800-323-7938
National Organization for Rare Disorders	1-800-999-6673
National Reye's Syndrome Foundation	1-800-233-7393
National Tuberous Sclerosis Association	1-800-225-6872
Office of Orphan Products Development	1-800-300-7469
Sickle Cell Disease Association of America	1-800-421-8453
Spina Bifida Association of America	1-800-421-8453
Sturge-Weber Foundation	1-800-627-5482
Tourette's Syndrome Association	1-800-237-0717
United Scleroderma Foundation	1-800-722-4673

SOCIAL/SUPPORT SERVICES

AIDS Clinical Trials Information Service	1-800-874-2572
National AIDS Clearinghouse	1-800-458-5231
National STD Hotline	1-800-227-8922

VISION

American Council on the Blind	1-800-424-8666
American Foundation for the Blind	1-800-232-5463
Guide Dog Foundation for the Blind	1-800-548-4337
Job Opportunities for the Blind	1-800-638-7518
Library for Blind and Handicapped	1-800-424-9100
National Eye Care Project	1-800-222-EYES
The Lighthouse National Center for Vision And Hearing	1-800-334-5497
National Association for Parents if the Visually Impaired	1-800-562-6265
National Retinitis Pigmentosa Foundation	1-800-683-5555
Retinitis Pigmentosa	1-800-344-4877

WOMEN'S HEALTH

American Society for Psycho prophylaxis in Obstetrics (Lamaze)	1-800-368-4404
Endometriosis Association	1-800-992-3636
Planned Parenthood	1-800-230-7526
PMS Access	1-800-222-4767
Women's Community Health	1-800-327-9880
Women's Sports Foundation	1-800-227-3988

